

FOOD&DRINK

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### **Welcome to** Good Taste Lincolnshire



### Tuck into Good Taste!

We have a packed issue for you. Lincolnshire has long been known as one of the most important food counties of the UK and our features give a wide crosssection of the quality and variety of produce which you can enjoy here.

Artisan businesses abound from the bakers at The Chef's Pantry, to Oink's delicious pork scratchings. If you are visiting the county, there are tempting treats to try from locally produced cheeses and fresh fruit and vegetables from the fields, to beers and craft made gins. We #LoveLocal at Good Taste Lincolnshire and Hayley Toyne of 'Business. VisitLincolnshire' shares tips on how to make the best of your local high street and shop greener going forward.

Of course, we have wonderful recipes for you from chef Rachel Green, perfect for Easter and summer dining, and lots of inspirational baking ideas.

We also celebrate the great outdoors with Visit Lincolnshire. Their website is packed with ideas for days out, walks and bird watching in the county.

Exciting new support organisations are coming on stream for the innovative and dynamic food, drink and hospitality sectors. New initiatives, recently launched, will provide knowledge and represent county businesses nationally and internationally. The UK Food Valley based in Spalding features on page 4 while membership organisation Lincolnshire Food and Drink features on Page 22.

Make the most of your spring and summer in Lincolnshire; enjoy warm hospitality, our stunning landscapes and coastline and of course tuck into some of the delicious local treats grown on the doorstep.

Caroline Bingham

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### The Food Dude – catering for your event

The Food Dude is a Lincolnshire based event caterer with over 20 years' experience.

Offering an array of tasty, homemade food options for all types of event, including corporate entertainment, the family run business prides itself on the finest catering and excellent customer service.

The wide selection of menus include Street Food, Canapés, BBQs, Evening Food, Afternoon Tea, and Buffets – but a bespoke menu-building service is also available, to suit your requirements.

"As a company, we focus on providing the best for

our customers and we want to try to take the stress out of any event.

"Nothing is ever too much bother and we aim to exceed your expectations!"

Contact The Food Dude by email at thefooddudeltd@outlook. com, via their website at www.thefood-dude.co.uk or tel: 07826526231

Tood The Dude

# <image>

### Nursery learning on family working farm

Children at Red Hen Children's Day Nursery thrive at this friendly familyrun setting on a working farm. There are extensive play areas, nature areas as well as spacious well-planned main buildings. Red Hen excels in providing nutritious home-cooked meals prepared in the nursery kitchen and there are experiences from soil to plate so the children develop into competent little cooks knowing where their food comes from.

Environmental sustainability is always in mind at Red Hen so nurturing curiosity for the natural world permeates through the interactions between staff, children and the environment. The farm is developing its biodiversity with more wildflower mixes which the children are enjoying too, and this year there has been lots of tree planting. It is a fitting way to celebrate the Queen's Platinum Jubilee, as well as giving children the chance to plant for the future good of the planet.

Early years spent at Red Hen provide sound foundations and happy memories



and equip children with a wide variety of skills across the curriculum. There are huge benefits to physical and mental well-being too. There is no doubt that Red Hen is making a positive contribution to children's lives, as well as to the environment. For more details, please visit www.redhendaynursery.co.uk

### ADVERTISEMENTS

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### New dawn for Lincolnshire's **'Food Valley'**

Barbara Young finds out how local food and drink businesses are set to benefit from a range of support, thanks to growing investment and innovation from an exciting new initiative.

With Lincolnshire already well established as an international hub of excellence for food and farming – with one of the largest concentrations of food manufacturing, research, storage and distribution areas in Europe – the recently launched UK Food Valley is set to create new opportunities and focus within the top 10 global food cluster.

All parts of the county will benefit with the UK Food Valley acting as a magnet to attract new talent, funding, investment and innovation.

This ambitious project in Greater Lincolnshire also offers the potential to

create substantial economic value and 11,000 jobs by 2030.

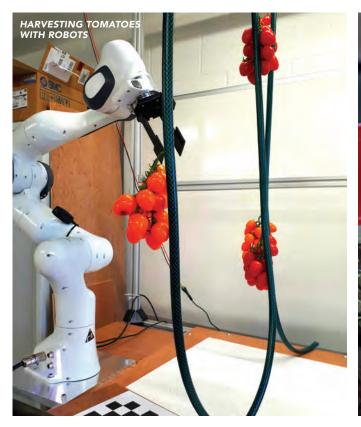
Launched in November last year, the UK Food Valley features three separate Food Enterprise Zones (FEZs) with university research facilities, investors, and a wide range of additional business parks and commercial sites hosting food sector companies.

The name itself plays on the concept of Silicon Valley – a global centre for expertise in a particular field.

According to Sarah Louise Fairburn, chair of the Greater Lincolnshire Food Board, deputy chair of the Greater Lincolnshire LEP, founder of Imp & Maker, and lead on the UK Food Valley, the programme brings together the local food industry with valuable supply chains, tech suppliers, local and national government and academia with strong links to industry.

"The opportunities are tremendous and include significant further collaboration with additional industries to not only strengthen the food sector, but our whole economy – uniting marketeers, brand experts, photographers, ecommerce and digital businesses, as well as solicitors, and linguists to name but a few," she explains.





"I have been passionately promoting Lincolnshire and our amazing farmers, producers and quality artisan products for many years, so for me this is just an extension of that.

"We have been delighted at the reception to date and are receiving several significant investor enquiries a week, from glasshouse developments to high-tech aquaculture and low-carbon cool chain and logistics, feeding strongly into our Net Zero supply chain ethos.

"We are also eager to connect more with our health sector as the correlation between diet and health outcome is so significant. If the balance is right, this could significantly benefit our health services and the health of the nation too."

Supporting the food chain Greater Lincolnshire currently produces an

eighth of England's food, including 30% of the nation's vegetables and 18% of the poultry. The region also supports around 75,000 food sector jobs; 18% of jobs in the area compared to 4% of the UK workforce.

"Greater Lincolnshire has long been recognised for

agri-tech functions, which combined are what make this so special.

"In addition and to ensure the UK Food Valley is more than a brand, we are in parallel working to bring all the support for the food chain together so that local food businesses and

"The opportunities are tremendous and we are receiving several significant investor enquiries a week" – Sarah Louise Fairburn

the quality and volume of the fresh produce and valueadded supply chains located here," says Sarah Louise.

"We wanted to create a focus for this to put us on the map globally and create a strong brand to promote the uniqueness of our purpose, from the key clusters to the strength of our academic and

national and international investors get a full range of support to help them thrive and grow."

The project aims to support growth and encourage inward investment by promoting the scale, diversity and importance of the food sector to the area, with



existing food sector companies and new investors fully supported.

Key priorities for the UK Food Valley include accelerating food chain automation, delivering low-carbon food chains, and developing the market potential of naturally healthy and sustainable foods while also showcasing artisan growers, producers, and food innovators.

With 25% of England's highest Grade 1 arable land and a strong tradition in food and farming, Sarah Louise believes the county is the ideal area to lead the way in food innovation.

"We enjoy relatively low house prices and an abundance of available land for sustainable and cost-effective food chain development. We also work in collaboration with water and drainage agencies to retain and recycle supply,



and we are uniquely placed to work with renewable energies, including ground source heat pumps, biodigesters and offshore wind. As the market and consumers demand low-carbon food chains, our renewable energy expertise will further reinforce our position as a leading food region. "We have a fantastic range of exciting food and drink businesses, from our entrepreneurs bringing new products and concepts to market, to universities developing high-tech agrirobotics, those working on the nutrition and protein transition, our incredible seafood cluster around Grimsby, fresh produce and horticulture growers, and big global corporations attracted by the supply chains and fantastic local produce based here. This is the place for them to flourish and we welcome them all."

### Increased demand

According to Sarah Louise, the

initial idea for the concept has been building for several years, but accelerated over the past two years with Covid and Brexit prompting a more urgent need, with increased demand for UK sourced food and drink and a wave of investment.

"The UK Food Valley is the national leader in products including fish, vegetables, salads and plant proteins, all areas which are seeing market growth in products which are healthy and low carbon. We are therefore prioritising areas we know are good for consumers, business and the environment.

"Naturally healthy food is one of the key priority themes for the UKFV, and here in Greater Lincolnshire we are perfectly positioned to drive this agenda, already growing 30% of the nation's vegetables and processing 70% of its fish. "Unlike many food

producers, we do not need



to remove added unhealthy ingredients, but sit at the heart of the fresh produce sector which includes leafy salads, fresh fruit and vegetables with more plans afoot for soft fruit grown in high-tech glasshouse environments.

"We want to promote the provision of naturally good-for-you foods, so as a country we can address the root cause of many of the diseases we see in society."

Looking ahead, Sarah Louise says there are already a number of key events planned for this year around innovation and landing some significant new investments for the sector and area, bringing jobs and funding, while also driving high-quality, local produce.

"We are already making a difference and the brand and concept is recognised, gaining momentum, and bringing a wealth of interest from businesses wanting to locate here, from investors and funders, to DEFRA and central Government.

"The biggest research team in agri and food robotics in Europe is located here at the University of Lincoln and we already have the National Centre for Food Manufacturing, and now the complementary Agrifood Centre of Excellence, and the South Lincolnshire Food Enterprise Zone – so we are already building an infrastructure pipeline of the right components to make this a reality!

"A key focus of the UK Food Valley is to make sure that all this support is joined up with all bodies working together so that businesses can easily find the support they need. We believe this is a gamechanging concept which will elevate the food and drink industry across Greater Lincolnshire and Rutland to international status and put



us all on the map as 'The' place to locate, innovate, and grow a food business.

"My passion is also the sheer quality, variety and entrepreneurial spirit I see in the people driving this incredible change, located by geography but united by their drive and determination to create better food for both people and planet.

"Looking ahead, 2022 will undoubtedly bring new challenges, but we look forward to developing this fantastic opportunity. Watch this space!"

For more information on how to get involved in this exciting programme, visit www.ukfoodvalley.co.uk



### Coffee with real character

Family-run Stokes Tea & Coffee, based in Lincoln, has been brewing up exceptionally fresh roasted beans and blends for over 120 years – all crafted with love, pride and passion.



With most high streets dominated by international coffee chains, artisan companies like Stokes Tea & Coffee, with real passion and heritage, are like gold dust. The team take control of every element of the roasting and blending process and have become renowned for unrivalled quality both by wholesale and retail customers – and the end results speak for themselves.

### 120 years of Bringing out the Best of British

Stokes is a family company that has weathered many storms since it was established back in 1902, witnessing two world wars, the great economic depression and even 23 Prime Ministers. It's become a much loved institution. Now in its fourth generation, Nick Peel is the current MD and, along with his team, is putting 120 years of know-how into sourcing, roasting and blending coffee and tea for retail and wholesale customers as well as running two destination cafés in Lincoln and a barista training academy. The Lawn Café is located at Stokes' HQ (where the roastery is also based) in the famous Lawn Building – a former 19th century asylum on Union Road. The High Bridge Café can be found in an amazing From accredited barista courses and experiences at the impressive in-house, dedicated training academy to the Stokes Coffee Club subscription service, the company is doing huge amounts to share the love and knowledge of coffee far and wide. And one of the company's most exciting new innovations is its range of virtual events, where guests can enjoy a full sensory experience online with a professional coffee or tea tasting session.

Participants, including some of the Fortune 500 companies, have enjoyed receiving their very own tasting kits before joining one of the Stokes expert Master Roasters online to share something fun and interesting and learn about the fascinating world of tea or coffee.

Many hospitality businesses are also signing up for machine and product supplies from Stokes due to the unrivalled service, support and quality provided. With further plans afoot,

### "The Stokes team carefully sources and roasts every coffee bean and blends tea to perfection"

historical Tudor building (the only one of its kind in the UK) on the high street. Both are favourite haunts for tourists and locals. Shoppers can buy a vast array of products at both cafés as well as online, including fresh beans, coffee pods, and all manner of coffee and tea brewing kit.

Stokes is a company that truly embraces the old and the new. "History and heritage are a huge part of what we're about – our dedication to quality has been consistent for 120 years, but we're also constantly looking at new ways to innovate and delight our customers," explains Nick Peel. Stokes is a great British business that has an exciting future and looks forward to leading for the next 120 years!

For more information visit the website www.stokescoffee.com



ADVERTISEMENTS

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## Chef's Pantry is favourite for foodies

Barbara Young meets Elizabeth Lewis, one of the owners of The Chef's Pantry and The Little Black Bear Bakery, which specialises in home produced preserves, condiments and sweet treats based on traditional family recipes.

With its motto, "Creating preserves the way nature intended" perfectly capturing the business' philosophy and spirit, The Chef's Pantry is home to a wide range of home-made preserves, condiments, cakes and bakes created with flair from time-honoured Lincolnshire family recipes.

Two years ago, former chefs Elizabeth Lewis and her mother Beryl, together with members of their family who have been involved in the food business for generations, moved from Hertfordshire to undertake extensive renovation of the 19th-century Yew Lodge in Algarkirk, with the dream of setting up a business which would highlight their passion for food with authentic, natural flavours. Launched last year, The Chef's Pantry features a range of quality products made from fresh ingredients with home-grown garden produce being the stars of the show.

"Making our own came from need as there weren't the products, or quality, on the market at the time," explains Elizabeth. "As a family, our thoughts have always been that if you work hard and are passionate about what you do, success will follow."

#### **Fresh ingredients**

Their ethos is to use the freshest ingredients and cook without additional preservatives and colouring.

"Our fruit and vegetables are locally sourced if needed, but we pride ourselves on being able to grow the majority ourselves, while also supporting and promoting local businesses. We have a small carbon footprint and strive to find ways to reduce waste and recycle."

The handsome Georgian house, which has taken two long years to restore while the family lived in a caravan for nine months, sits on just over an acre of gardens which have been fully maximised.

"The caravan was either freezing cold or boiling

hot and a bit cramped, but during the day we were out working on the house, so the time soon flew by. It was not at all like the many happy holidays we had as children in Skegness but like you do, we managed!"

Once part of the Sheriff of Rutland's estate (Cotton Thompson, 1804), the family were faced with the challenge of renovating a neglected property which had no kitchen and needed new floors walls, ceilings, electrics and plumbing.

Now restored to its former glory, the farmstead features two five-star rated kitchens with storage and an office, as well as three large greenhouses and space to expand further as the business grows.

Lincolnshire has always held a special place in the family's heart, which made it the ideal place to relocate to, and launch their business.

"My mother was born in Grantham and her family farmed in Lincolnshire for many years so we enjoyed frequent holidays here. We found this house in 2018, but almost didn't manage to buy as it had several other offers – luckily fate intervened."

Elizabeth describes the early days of getting the gardens and greenhouses up and running as "a learning curve".



"Like any grower, some vegetables and fruit have done very well while others have been a complete failure. Maintaining a supply all year round means planning, but this way we have potatoes, onions, carrots, cabbage and leeks [when we need them]. We also grow horseradish wasabi and all the herbs we use in the chutneys.

"Knowing what you eat





### Blackberry, rhubarb and vanilla jam

Makes: 1.5kg of jars

#### **INGREDIENTS:**

500g rhubarb 300g blackberries 800g jam sugar 1 tbsp lemon juice 2 tsp natural vanilla extract optional

#### **METHOD:**

This makes a beautiful fruit jam – a balance of sweet and tart flavours. You can make it later in the season with frozen rhubarb too, should you get a glut. It is perfect with scones or as a filling for a Victoria sponge cake.

Dice the rhubarb and place in a pan. Sprinkle the sugar over and leave overnight in order to extract the juices. The next morning, slowly cook the blackberries in a separate pan. Gently heat the rhubarb mixture until all the sugar has dissolved and then add the cooked blackberries. Bring it all to a quick boil and cook for about 15 minutes.



To test for viscosity, scoop a teaspoonful of jam onto a saucer to see if it sets. If it is still runny when cool, boil for a further 5 minutes or until you are happy with the consistency. Then take the jam off the heat and transfer to sterilised hot jars using tightly fitting lids. Store in a cool, dark place.

Other flavours can be added during cooking such as natural orange extract or finely diced stem ginger if preferred.

### Green bean, tomato and chilli chutney

### Makes: 8 jars

### **INGREDIENTS:**

800g runner beans 300g apples 300g onions 1 red bell pepper 400g chopped tomatoes 375ml vinegar 1 tsp chopped chillies 300g sugar 1 tsp salt Sprinkle of black pepper 200g tomato paste

#### **METHOD:**

This is a perfect chutney to accompany Lincolnshire sausages or a good strong cheese. It can be as mild or as hot to taste as you wish; remove the chilli seeds for a milder chutney or use scotch bonnet chillies for more of a kick.

The chutney can be eaten straight away, although flavours deepen if left for four weeks. Keeps for 12 months.

Remove any strings from the runner beans, then chop them into small pieces.

Put into a large pan, cover with boiling water and add a teaspoon of salt.



Bring to the boil and cook for 10 minutes until tender.

Peel, core and roughly the chop apples. Peel and chop the onions. Core and finely chop the red pepper.

Drain the runner beans and then return to the pan. Add onions, apples, red peppers and tomatoes to the pan. Pour in the vinegar and simmer until the fruit is cooked.

Add the chillies to the pan with the salt and sugar. Simmer and stir frequently until the chutney is thick.

Pour into hot sterilised jars and seal immediately. Store in a cool place and refrigerate after opening.





 FAMILY RECIPES FROM

 EULABETH'S GRANDMOTHER'S

 OOKBOOKS

and how it was grown, without chemicals or pesticides, is incredibly important for us. It's also very rewarding to eat something you've grown, as well as good exercise after eating too much cake – and a great stress relief in a busy world."

#### Family cookbooks

The unique recipes from Elizabeth's grandmother Margaret have also played an important part.

"My Nan left me some cookbooks which are mainly handwritten, with a few newspaper and magazine clippings. The recipes are very similar to the way we cook all our fresh ingredients Food played a big part in Elizabeth's early life too: "Smelling strawberry jam cooking while playing outside or watching my Nan rub up pastry in the kitchen evokes fond memories. The cakes my mother made for me as a child shaped the chef I became."

As well as seasonal jams, marmalades and chutneys, The Chef's Pantry also makes and sells chilli sauces, jellies from chillies and herb flavoured mustards, while in the bakery section you will find loaf cakes, fruit pies, tarts, traybakes, brownies and special occasion cakes.

"As a family we all have our own strengths individually, but combined together it has

### "Feeling passionate about your idea is just the beginning..." – Elizabeth Lewis

naturally and we use these for our jams and chutneys, such as our Lincolnshire Green Bean Chutney and the Yellow Belly Mustard Sauce – one of my grandad's favourites. I also use them for cakes and puddings such as seed cake, scripture cake and Miss Luxmore's nut cake."

The recipes have also prompted Elizabeth to compile her own cookbook, which she began writing during lockdown.

"It includes some of the recipes I've tried but with additions to give them a modern twist, as well as in their original form. Many have names that are long gone from people's minds so without making them it's hard to know what they should look like!" led to a successful business," says Elizabeth.

"My mother and I are the main chefs and my son William, a talented cook, helps in the kitchen with the cakes and preserves. My father and partner have both run a gardening business for many years and help grow the vegetables, while my brother does the technical part, including website and IT requirements.

"Feeling passionate about your idea is just the beginning; seeing your business grow, that's the dream. I'm often asked if I would do it all again? Yes, without a doubt, it's been an amazing journey so far and the voyage has only just begun!"

For more information visit www.thechefspantry.co.uk

LINCOLNSHIRE LIFE





### Launching Lincolnshire Life's 26th annual food and drink awards

Lincolnshire Life are delighted to announce that we will be opening our nominations for the 2022 Taste of Excellence Awards in May.



IN PERSON AWARDS EVENING AT THE BLUE ROOM

We were quite overwhelmed to welcome guests in person to our 2021 awards ceremony held in The Blue Room, Lincoln last November, after reshaping the awards and some categories in the previous two years, to reflect the challenges of the pandemic. We know many businesses are still recovering from these effects and this year we plan to have an even more celebratory evening. Details will be announced in Lincolnshire Life and through our social media channels in May – so watch that space!

#### Sponsors

All this wouldn't be possible without the help of our sponsors. Our main sponsor this year is Turnbull Kitchens and Bathrooms and they are also sponsoring our Best Newcomer of the Year category. We're pleased to welcome back Dexter & Sharpe who are sponsoring the Best Farm or Local Shop of the Year.

Business.VisitLincolnshire are our sponsors for a new category this year: our Green and Sustainable category. We are also welcoming back Greencore; HIT Training who sponsor Best Restaurant of the Year; Sleaford Fine Foods who are sponsors of Best Dining Pub of the Year; and Ruby & Co who are the sponsors of Best Wedding Venue of the Year and fulfillers of our awards ceremony venue decoration.



We can't wait to see what they have in store. We will be giving you updates in Lincolnshire Life and through social media as more of our sponsors come on board for this year.

We will be asking you, customers and connoisseurs of the best eateries, hospitality venues, producers, pubs and venues, to send in your nominations for businesses across the county, between May and August, in the following categories:

- Best Restaurant of the Year
- Best Dining Pub of the Year
- Best Tea or Coffee Shop of the Year
- Best Farm or Local Shop of the Year
- Best Food to your Door
- Best Bakes or Sweet Treat of the Year
- Best Drinks Product of the Year
- Best Producer of the Year
- Best Hotel of the Year
- Best Wedding Venue of the Year
- Best Bed and Breakfast of the Year

- Best Self Catering Establishment of the Year
- Best Newcomer of the Year
- Business.VisitLincolnshire Green and Sustainable Award

We'll be announcing the top businesses in each category who will go forward to be considered by our team of judges once the competition closes on 26th August, so keep an eye out on our social media channels.

Two of our most hotly fought competitions in the past have been Chef of the Year and Young Chef of the Year, as platforms for county based chefs to showcase their creative flair. Owing to difficulties gaining permission from partner organisations to access the facilities we require to hold the cook-offs, we are sorry we will not be including these categories this year but we hope this situation will be different in 2023.

Nominations can be placed through

our website www.lincolnshirelife. co.uk, by post using the nomination forms included in the June, July and August editions of Lincolnshire Life (also available to download from the website). Or you can vote on our social media channels. Don't forget to get those nominations in between May and 26th August.



CELEBRATING THE BEST OF LOCAL FOOD, DRINK AND HOSPITALITY



### Shopping a little greener in **Lincolnshire**

By Hayley Toyne of Business.VisitLincolnshire



When you think of shopping sustainably and the prospect of 'going green' for your weekly shop, you might find yourself questioning what that actually means. Is that something that applies to me, can I make a difference? Surely that's the domain of big brands, and their responsibility to change their ways. Seeing packaging change and recycled symbols pop up on single-use plastics is enough, isn't it? That's got that box ticked.

So yes – large organisations are absolutely doing their bit to help us shop 'greener'. But actually there is so much more that shopping and consuming sustainably can cover. You're probably already doing some of it and not even aware; or it would only take a few small changes to make a noticeable difference to your impact on the environment.

The bigger picture that Lincolnshire plays in creating a more sustainable future for generations to come is staggering. The spotlight is shining bright on becoming more

sustainable and encouraging environmentally friendly practices in many industries at the moment - from tourism to energy production - and Lincolnshire is right at the heart of making these changes a reality in everyday life. The switch to renewable and green energy sources for example is being championed by Greater Lincolnshire at a mind blowing pace - and is worth a staggering £1.2 billion a year to the region. We've all seen landscapes changing as off- and onshore turbines become a common sight in the county - and our land and waters farm so much more than traditional produce now. And we're not just talking rural and wide open spaces to harness change.

The Humber Zero project is on a mission to reduce CO2 emissions by the Immingham Industrial Cluster by a whopping 8 million tonnes a year by 2030. So there are amazing changes taking place in our county and we are world class in some of these technologies. But all that may seem unrelatable and a little removed from everyday life. The green industrial revolution is clearly critically important – but let's take a step back, get personal, and have a look at what you and I can do right here and now that can reduce our impact on the planet. (I do drink 'green' tea, but apparently that's not it!)

### Check out your local market/farmers' market

If there could be a positive to be taken from the past couple of years, it may well be the spotlight that the pandemic was able to shine on the importance of our local food supplies and the ability to buy good quality, fresh supplies around and about where we live.

The range of produce you'll find at our outdoor food markets is fantastic. Often grown nearby and finding its way to stalls straight from the fields via the farm – this produce hasn't travelled hundreds of miles to distribution centres only to be redirected back to our shelves. Lower food miles equals less energy used and a lower carbon footprint. And because it's not on its magical mystery tour of regional and national distribution centres, it finds its way to our shopping baskets faster too. Because it doesn't have to be kept artificially fresh for longer, because it doesn't have to be protected from damage in transit, and because you're able to select your portion sizes yourself packaging can be drastically reduced.

Of two things in this life I am sure: one, my heart breaks a little when I see a broccoli floret shrink wrapped in plastic packaging, and two choosing your own fruit, giving it a squeeze, and taking it home in a brown paper bag (destined of course for the purple lidded bin, or tomorrow's pack-up sandwiches) makes it taste better every single time. Even better – take your own reusable produce bags and use again and again.

### **Investigate natural solutions at home** Cleaning and hygiene

products are often a great





way to try your hand at replacing a household essential with something a little kinder to the environment. Many of the elements can be bought locally, and often just comprise everyday stock cupboard ingredients. White vinegar diluted in tap water with a just a few drops of essential oil or a squeeze of lemon juice can make a fantastic household cleaner. The acidic nature of vinegar is so powerful it can dissolve dirt and grime. It's also strong enough to kill bacteria. Decant into a recycled spray bottle and use again and again – for a fraction of the price of



### for sustainable shopping in Lincolnshire

- The Lincoln Eco Pantry: www.facebook.com/ lincolnecopantry
- Green's Health Food Shop, Lincoln: www. greenshealthfoodshop.co.uk
- Spill The Beans, Louth: www.spillthebeans.shop
- Grimsby Farmers' Craft Market - third Friday of every month, Victoria Street.
- East Lindsey Market Towns -Market Days: www.e-lindsey.gov. uk/MarketDays
- Stamford Green Quarter and All Good Market: www.allgoodmarket.co.uk
- Sleaford Millstream Square Artisan Market: www.facebook.com/ MillstreamSquare
- A selection of local food producers can be found at www.visitlincolnshire.com/ food-drink

commercially bought products. Many 'recipes' can be found online and the quantities can be adapted for different uses and surface types etc.

ECO PANTRY CRISPS

Pop into the growing number of eco-friendly general stores in the county too and you'll find a whole range of natural and reusable solutions that often in the long run can be as kind to your bank balance as they are to the environment. Living as I do in a household with two teenage girls, beauty products and make-up are never far from reach and I was astounded by the sheer number of cotton wool pads we used every day. Now all have been replaced by reusable, soft little sewn bamboo rounds. We each use one a day and then simply throw in with an existing wash ready for the following week. They work just as great as their singleuse alternatives, we have already saved the money they cost to purchase in the first place, and they take no extra effort whatsoever.

### Check out 'bring your own container' shops

A favourite in our household - bring your own container shopping is a popular and growing area of retail. Feeling like a natural progression from bags for life and fresh produce nets, bringing your own container to fill can be a great way to stock up on everyday essentials such as pasta, rice, coffee beans, cereals and baking ingredients etc - and especially bathroom items such as shampoo and shower gel which tend to use singleuse plastic bottles.

Weigh your empty container (I'm a secret container voyeur - I love to see what people bring from home!), fill, weigh again, work out the weight and pay the pence per gram. It's like returning to the good old corner shop, over the counter days but with the convenience of selfservice. It's funny how some things come full circle, isn't it? Not only is it environmentally friendly as you cut out the need for single-use packaging but it's cost-effective too as you can tailor your portion size and reduce food waste. A double win!

### Little changes to make a big difference

Here are some everyday changes when you are out and about shopping, recommended by the Plastic Free Lincoln campaign group, that can literally make 'the world' of difference. You can find out more by simply searching 'Plastic Free Lincoln' on Facebook and take a look at their page.

- Remember your refillable water bottle - Did you know there are 49 venues in Lincoln alone where you can refill your water bottle for free?
- Take a reusable coffee cup and refuse single-use take away cups
- Refuse a single-use plastic bag and take your own
- Take your own cutlery or use sustainable alternatives
- Refuse single-use condiment sachets
- Get local milk in reusable glass bottles

### Wilder Doddington

Conservation of wildlife and sustainability have been at the heart of activity on the Doddington Hall Estate for at least three generations.

This recent history of conservation on the estate, along with its much earlier history of being partly grazed woodland and partly open heath means that the estate is peppered with a mosaic of habitats, hedges, ancient woodland, lowland heath, wetlands and ponds. This is an unusual situation, as many farms no longer have such a bank of habitats within them.

At the same time the biodiversity and climate crises are now widely recognised, and plans are being drawn up around the world to deal with them.

At Doddington, there is huge potential to increase biodiversity, lock up carbon to prevent global warming and reduce flooding. Plus, the fact that Doddington is probably one of the most visited farms in the county means that there is huge potential to help people understand the role that a farm can play in the climate and biodiversity crises.

The vision is an altogether Wilder Doddington - a longterm, large scale, nature recovery project. Arable farming ended in 2021, wood pasture and species-rich grassland will be allowed to develop across the previously conventionally farmed estate over the next 100 years. Low-intensity grazing/ browsing of rare breed Lincoln Red cattle, ponies, pigs, and the existing wild deer population will be the main management and habitat creation tool - and of course they will be turning the vegetation into wonderful organic, pasture fed meat.

The movement away from intensive agriculture to extensive grazing will ultimately lead to a huge boost in biodiversity; a reduction in greenhouse gases emitted; lots more carbon locked away in the soils and vegetation of the estate; better and more resilient soils, better water quality in the ponds and streams which cross the land; help in reducing flooding, as well as help to produce sustainable, organic, pasture fed beef, all of which is already served in Doddington's own café and at events, as well as sold through the Farm Shop.

To follow the journey of Wilder Doddington and find out how you can get involved, please visit: www. doddingtonhall.com/wilder







### FARM SHOP, CAFE & TEA ROOM Seasonal Estate produce & locally sourced food



EXPLORE • EAT • SHOP • STAY





### VisitLincolnshire.com is growing

Mary Powell, Tourism Development Manager at Lincolnshire County Council, explains how new websites are aiming to inspire and inform.

Over the past two years the world of work utterly changed. Plans were torn up and after a quick regroup we set off, sometimes in different directions. I know this has been the case for my tourism work and whilst these have been very unsettling times, we have managed to deliver two brand new websites and a Green Tourism Toolkit amongst a wealth of other work. The new www.visitlincolnshire.com is a monster and growing ever larger! We felt that we needed to both inspire and inform and that our old website wasn't delivering for the times we were in. The new website is fast, modern and beautiful to look at; and after a year of operation it is delivering good business for the visitor economy. New areas are being developed all the time. Walking is one of the most popular areas, not surprisingly, and we are doing more work here as Lincolnshire's Great Outdoors is such a strength. One of the joys of the countryside to me is watching the bird life and not forgetting our coastline; in effect a super-highway for migrating birds and therefore an ever changing cast to look out for.



Whether you are a real enthusiast or a keen, but not always knowledgeable observer like me, you need an inside track on what to look out for and so a new Bird Watching area of the website is being developed. Apparently Lincolnshire is one of the most underwatched counties, not because we don't have birds to watch, but we haven't been good at telling people about it. Working with Lincolnshire Bird Club and other conservation bodies, our first venture, launching at Easter is a Coastal Bird Trail. Other trails will follow as we cover the county. This is very much using insider knowledge: the best places to go, when to go and what to look out for, from the people who really know.

It's important that we take good care of Lincolnshire and we have produced a Green Tourism Toolkit to help businesses on their sustainability journey. Launching late March 2022, it's all about taking small simple steps to making better places for people to live and for people to visit. Apart from reducing your negative environmental impact and helping to ensure your local area thrives, it addresses changing consumer trends, reduces operational costs and helps attract and retain the best staff. It is a daunting task, but the toolkit is there to guide businesses.

The second website is called business. visitlincolnshire and is there to support and guide businesses, not only through their sustainability journey but also the minefield that being in business can sometimes feel like. The principle behind it is that tourism businesses are primarily motivated by being hospitable. Many are micro-businesses and whilst showing that hospitable face, behind the scenes they also need to be Head of Finance and HR, handyman and probably chief cook and bottlewasher too. It may feel at times like the business is running them rather than the other way round. The website,

which will be the home for the Green Tourism Toolkit, also has over 60 videos with masterclasses on social media, marketing, cyber security, business planning, you name it – all aimed at the visitor economy and as jargon-free as we could possibly make it.

2022 is beginning to seem as unsettled as the previous two years, but we can probably expect many people to be holidaying at home. We hope that many of the people who discovered Lincolnshire for the first time last year will return. It's good to take a good hard look at how we operate and see if we can do things better, so do take a look at Visit Lincolnshire for ideas of places to visit and find out how well you know your county!



### Join an ambitious future for food and drink **businesses in Lincolnshire**

As the UK transitions from the effects of the pandemic to embrace post-Brexit trading and new opportunities as the economy grows, businesses in Lincolnshire will find a wealth of benefits from membership of Lincolnshire Food & Drink, the sector's new champion supporting growth locally, nationally and internationally.



Alex Bavin, of Lincolnshire Chamber of Commerce, is spearheading the initiative with a carefully considered and extensive package of membership benefits.

"Lincolnshire is an amazing county with a dynamic mix of food and drink producers. Through the membership our mission is to promote, connect and help grow these businesses locally, nationally and internationally. The county boasts fantastic resources and through collaboration we want to create a community that thrives."

Companies can choose to join either as a Supporter or Growth member. Each level comes with a host of benefits to help your business make vital connections within the county, gain and share expert knowledge, appear on platforms to promote and profile your products and have access to tools and support for international trade.

The Supporter package costs £195 + VAT per annum and members can make connections through member-to-member referrals and collaboration, with discounted stand fees for the Lincolnshire Show and Food & Gift Fair. Growth package members, who will pay £380 + VAT per annum will have the additional benefits of Business Development and when required, meetings with the Relationship Manager.

All members will have access to a broad spectrum of knowledge based benefits including a monthly webinar programme on key topics from leading industry speakers, monthly networking events, access to training workshops and courses and a discounted rate for Chamber events.

The Growth package has health and wellbeing as an additional focus with a free cyber security health check by Business Savings Partner, Custodia, free HR support services, health and safety and legal advice as well as AA Roadside Assist.

There is also a cluster of Westfield Health benefits including health plan cover, mental health and workplace wellbeing support and wellbeing plan and health calendar.

"We appreciate that the wellbeing and mental health of those in the workplace is a vital consideration of any business," said Alex, "so this range of Growth member benefits is tailored to provide ongoing staff support and assurance through these challenging times."

Lincolnshire Food & Drink will help raise the profile of your business by offering a dynamic mix of digital, print, editorial and exhibition platforms. Supporter and Growth members will benefit from regular profiling on social media, editorial features in Good Taste Lincolnshire and Lincolnshire Life magazines, use of the Lincolnshire Food & Drink branding, bespoke listings and representation at all levels within the food and drink industry. Growth members can access representation at national exhibitions.

Finally International Trade sees a wealth of services included for Growth members including foreign exchange services, access to the International Trade Hub and 1-2-1 support.

All members are offered exclusive discounts on Chamber services including events, e-shots and website banner advertising. If you are a non-food and drink business you can still join and enjoy some of these exceptional benefits. See full membership comparison details in the panel.

If you would like to know more or join Lincolnshire Food & Drink please fill out a membership form via the website at www.lincolnshirefoodanddrink.co.uk Alternatively contact Alex Bavin on 01522 846930 or via email alex.bavin@lincschamber.co.uk



### MEMBERSHIP PACKAGE COMPARISON

FOODEDRINK MEMBERSHIP PACKAGE COMPARISON	SUPPORTER £195+VAT	GROWTH £380+VAT
Connect	217011741	
	0	Ø
Member to Member Referrals, Collaboration and Signposting Discounted stand fees for the Lincolnshire Show and The Food & Gift Fair		
Discounted meeting room hire Business Development – proactive and facilitated introductions to connections & market opportunities		
Regular Meetings (when required) with the Relationship Manager		
Knowledge		
Monthly Newsletter with Industry News and Events	0	
Peer support – Hosted Bi Monthly Virtual Network with Guest Speaker	0	-
Monthly Webinar Programme on Key Topics with Leading Industry Speakers		
Access to Training Workshops and Courses		Discounted
Access to Chamber Events	Discounted member rate	member rate
Cyber Security Business Health Check provided by our Business Savings Partner Custodia		0
Access to Quest – free HR, Health and Safety and Legal Advice		
Westfield Health Plan Cover		0
Westfield Health Wellbeing Plan and Health Calendar		
Mental Health and Workplace Wellbeing Support		0
AA Roadside Assist		Ø
Profile		
A Social Media Welcome on Lincolnshire Food and Drink	Ø	Ø
Use of the Lincolnshire Food and Drink Brand	Ø	Ø
A Bespoke Directory Listing on our Dedicated Website	Ø	Ø
B2C Profile in the Good Taste Magazine part of Lincolnshire Life	Ø	Ø
E-shots	Discounted member rate	Discounted member rate
Lincolnshire Food and Drink editorial in Lincolnshire Life as a new member	Ø	Ø
Discounted Digital Banner Advertising on Lincolnshire Food and Drink Website	10% Discount	25% Discount
Dedicated Group on LinkedIn	Ø	Ø
Regular Profiling on Lincolnshire Food and Drink Social Media Platforms	Ø	Ø
Representation at Local, Regional and National Level within the Food and Drink Industry	Ø	Ø
Representation at National Exhibitions		Ø
Chamber Matters Editorial		Ø
International Trade		
Export Readiness Guide	Ø	Ø
International Trade Presentations via Teams	0	Ø
Foreign Exchange Services		Ø
Export Documentation	Enquire fo	r details
Access to International Trade Hub		Ø
1 – 2 – 1 support – half an hour per month		Ø
Participation in Country specific Roundtables		Ø
International Trade Coach Consultancy Service – bespoke service	£500 + VAT	£400 + VAT

There is a joining fee of  $f_{30}$  + VAT for Lincolnshire Food and Drink.

If you are a non-food and drink business, already a Chamber member and would like to be part of the membership, the requirement is to join at the **Supporter** level. If you are a non-food and drink business and a non-Chamber Member, the requirement is to join at the **Growth** level. **For further** information Contact Alex Bavin on 01522 846930 or via e-mail alex.bavin@lincs-chamber.co.uk



### Celebrational Easter feast

Rachel Green, the Lincolnshire Wolds based chef, has been working on recipes to help you entertain in style. Whether you are welcoming a large group, eating al fresco or catering for a more intimate gathering, these recipes are bound to impress. There is a satisfying main course, starter or light lunch idea, a refreshing cordial and of course, a stunning dessert. Happy Easter!

BRITISH PORK SERVED

### Spiced roasted pork loin, Hasselback potatoes, herby Hispi cabbage and goat's curd

#### **INGREDIENTS:**

1.2-1.4kg pork loin 100ml honey 80g soft dark brown sugar 50g fresh ginger, peeled and grated 2 tsp ground coriander 1/2 tsp ground cumin 1 red chilli, deseeded and sliced 3 Cox's apples 120g dried dates, pitted 2 large red onions, thickly sliced 200ml balsamic vinegar 2 cinnamon sticks 3 star anise 500g new potatoes Sea salt flakes Freshly ground black pepper 4 tbsp olive oil, plus a little extra for drizzling 1 Hispi cabbage, outer leaves removed, quartered, core left intact 2 leeks, trimmed, washed and cut into 2" lengths 2 large shallots, sliced A small bunch of basil A small bunch of chives A small bunch of dill 3 garlic cloves, crushed

Zest and juice of 1 lemon 150g Lincolnshire Poacher cheese, grated 1 pint vegetable stock 200-250g goat's curd Preheat the oven to 220°C/200°C fan

#### **METHOD:**

Score the rind on the pork loin and leave to one side. In a small mixing bowl, combine the honey, sugar, ginger, coriander, cumin and chilli. Rub over the pork.

Core the apples, cut in half and stuff with the dates.

Scatter the onion slices into a roasting tray and place the pork loin and stuffed apple halves on top. Drizzle with the balsamic vinegar and scatter in the cinnamon sticks and star anise. Put into the preheated oven, cook for 10 minutes and then immediately reduce the heat to 180°C/165°C fan and allow to cook for 1 hour, basting frequently. Allow to rest for at least 15 minutes before carving.





Meanwhile, Hasselback the potatoes. (This can be made easier by placing each potato into the bowl of a wooden spoon and making thin vertical cuts into the potato without cutting all the way through.) Place the potatoes in a roasting tin, season with a little salt and pepper and drizzle with a little olive oil. After the pork has been cooking for 15 minutes, put the potatoes into the oven to roast.

Then, put the cabbage, leeks, shallots, herbs, garlic, lemon zest and juice and cheese into a large mixing bowl. Season with salt and a little pepper and toss with the olive oil until coated. Tip the mixture into a large roasting dish, pour in the vegetable stock and place dollops of goat's curd over the top.

Thirty minutes before the pork and potatoes are cooked, put the cabbage dish into the oven to cook for 30-40 minutes until the cabbage dish is browned and the vegetables cooked.

Once everything is cooked, remove from the oven. Carve the pork into slices, drizzle over the roasting juices from the tin and serve with the apples, potatoes and cabbage dish.

### Goat's curd

#### **INGREDIENTS:**

1 litre goat's milk (full fat) 100ml lemon juice 1-2 tsp salt, to taste

#### **METHOD:**

Slowly heat the milk in a stainless steel pan over a moderate heat until it reaches 80°C. Remove the pan from the heat.

Stir in the lemon juice and salt and leave to sit

for 1 minute: the mixture will curdle and become slightly thicker.

Line a colander with two layers of cheesecloth, or a thin, clean tea towel, and gently pour the mixture into the cloth. Gather the edges of the cloth up and around the liquid and tie it into a bundle or use a rubber band to hold the cloth together.

Hang the cloth bag

over a bowl and leave the mixture to drain for 2 hours. Undo the bag and scrape the drained cheese into a clean bowl. Stir chopped herbs such as chives, parsley or dill into the curd.

The goat's curd will last up to a week in the fridge and will yield around 200-250g of cheese.



### Asparagus hollandaise tart with smoked salmon

### **INGREDIENTS:**

1 x 165g jar ready-made hollandaise sauce 1 tbsp horseradish sauce 1 tbsp finely chopped chives Freshly ground black pepper Sea salt flakes 320g ready rolled puff pastry sheet 1 egg, lightly beaten 2 bunches asparagus, trimmed 1 tbsp olive oil 120g smoked salmon, cut into small pieces ½ a lemon, zested

Preheat the oven to 220°C/200°C fan

### **METHOD:**

Tip the hollandaise sauce into a bowl. Stir in the horseradish sauce along with most of the chives and season with a little salt and pepper. Unroll the pastry sheet, leaving it on the baking parchment. Place on a baking tray, and lightly score a 1cm border around the edge with a sharp knife. Brush the border with a little egg to glaze.

Spoon the hollandaise sauce into the middle of the pastry sheet and then spread it over the pastry to meet the border.

order. Put the asparagus into a bowl, add the olive oil and toss well with a little salt and pepper. Place the asparagus on top of the hollandaise.

Bake in the preheated oven for 20-25 minutes or until the pastry is golden in colour and the asparagus tender. Take out of the oven and allow to cool slightly.

Scatter with the smoked salmon, lemon zest and remaining chives.

### Biscoff Easter cheesecake with salted caramel sauce



### INGREDIENTS:

75g butter, plus extra to grease 225g Lotus Biscoff biscuits, plus extra to decorate 600g cream cheese 75g icing sugar 300ml double cream 2 tsp vanilla extract 100g smooth Lotus Biscoff spread Chocolate flakes and chocolate mini eggs, to decorate

### For the salted caramel sauce:

300ml double cream 175g light brown sugar 50g butter 4 tbsp Lotus Biscoff spread 2 good pinches sea salt flakes

### **METHOD:**

Lightly grease the base and sides of a 20.5cm round springform tin and line the base with baking parchment.

In a food processor, blitz the biscuits until they resemble rough breadcrumbs. Melt the butter 1/2

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14

in a pan and drizzle into the biscuit crumbs, pulsing until combined.

Tip the biscuit mixture into the prepared tin and, using the back of a spoon, press the mixture down and around the base of the tin, smoothing the surface until you have an even base. Place in the fridge to chill.

To make the filling, in a large mixing bowl, beat together the cream cheese and icing sugar until smooth and then beat in the double cream, vanilla and 100g of Biscoff spread. Continue beating until the mixture thickens. (This is best done in a free-standing mixer or with a hand-held mixer.)

Spoon the mixture into the tin and spread around the tin until the base is completely covered with a smooth even layer of mixture. Chill in the fridge for at least 6 hours or overnight.

To make the sauce, put the cream, sugar and butter into a small saucepan and heat gently until the sugar has dissolved. Bring to the boil and allow to bubble for 2-3 minutes until syrupy. Stir in the 4 tablespoons of Biscoff spread, stirring until melted. Leave to one side to cool for about 10 minutes and then add the salt.

Take the cheesecake out of the tin, peeling the parchment off the base and put onto a serving plate or cake stand. Drizzle with the salted caramel sauce and scatter with some crushed Biscoff biscuits and some whole ones as well. Decorate with the chocolate flakes and mini eggs. Cut the cheesecake into slices and serve with a little more of the salted caramel sauce.

### Homemade pink raspberry lemonade

#### **INGREDIENTS:**

8 lemons, plus extra slices to serve 300g caster sugar, plus extra to taste 300g frozen or fresh raspberries, plus extra to serve 1 tsp citric acid (optional) Ice, to serve

### **METHOD:**

Pare the zest from the lemons with a peeler, removing as little white pith as possible.

Juice the lemons and in a small bowl mix together the juice, zest, sugar, raspberries, citric acid (if using) and 1.2 litres of boiling water. Allow to cool and then leave in the fridge overnight.

Sieve the juice, pressing very lightly with the back of a spoon, and leave to stand for an hour. Put in the fridge to chill.

To serve, put the juice into a jug, add a few lemon slices, raspberries, lots of ice and some sparkling water.



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### Snap, crackle... and Oink!

Barbara Young meets Mike Holman, founder of The Oink Company which produces irresistible traditional and artisan pork scratchings.

Recently voted the UK's favourite pub snack (ahead of salted peanuts and salt & vinegar crisps), pork scratchings have long been a popular accompaniment to a cold pint, chilled glass of wine or refreshing gin and tonic.

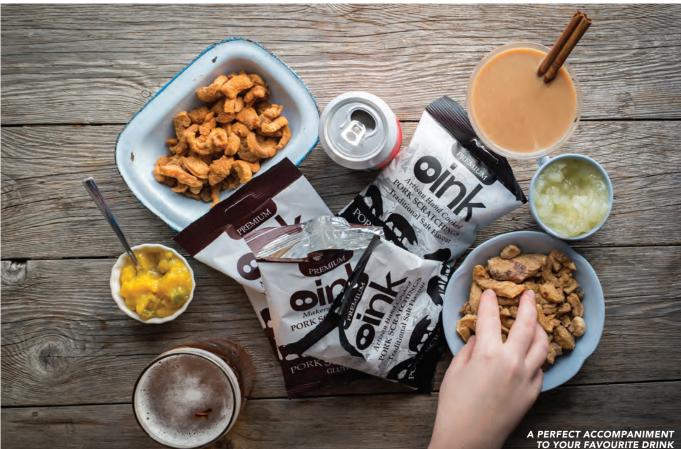
Following eight months' research and development, The Oink Company, a Lincolnshire-based family-run enterprise, has been quick to identify the trend and push ahead with new concepts, launching its quality range of flavours in 2019 with the emphasis on producing a "posh version" of pork scratchings.

Founded by former pig farmer and award-winning brewer Mike Holman, the small team of chefs at the aptly named The Oink Company have created a range of traditional and artisan pork scratchings for connoisseurs of this much loved pub snack that are free from gluten (and where possible free from MSG), to appeal to customers with gluten intolerances (coeliacs), as well as those on low carb diets (Keto).

"Pork scratchings have always had that 'guilty pleasure' aspect with the combination of pork and salt flavourings making them incredibly moreish," says Mike, who describes himself as a "keen home cook" who enjoys recreating dishes enjoyed while eating out with his wife and children. "We know we shouldn't eat too many, but 'when you pop, it's hard to stop'. Pork scratchings are also the perfect snack for people on the Keto diet who are eating fewer carbohydrates and want a snack that's high in protein."

Having been a pig farmer for 14 years, Mike then found himself on the treadmill of commuting to London and travelling the UK for the next 20 years in his job as project and change manager before deciding to "escape from the daily rat race".

"I started the brewery with the view of changing the quality of family life and during that time created several beers that won bronze, silver and gold in regional and national awards,"



he explains. "Being a brewery owner and making continental beers has always been a great passion of mine, which is especially rewarding when you see those beers win awards and individuals enjoying them. I also create dishes with beer and write recipes for the Lincoln CAMRA Magazine ImpAle."

#### **Traditional methods**

Having identified a fast growing market in tasty snacks, Mike made the decision to sell his share of the brewery to his business partner, to concentrate on launching his new pork snack venture which has gone from strength to strength.

"During my time as a brewer I could see that the snack industry in pubs and supermarkets was huge and pork scratchings are still one of the most popular snacks in pubs. I also saw there was an opportunity for an artisan, posh pork scratching and crackling snack that was better than the traditional teeth breakers already on sale.

"We spent months researching and developing a product that was fresh, tasted better than other brands and was all-inclusive in customer appeal.

"Our chefs use traditional methods to lovingly hand cook each scratching, achieving that perfect crunch every time. We then beautifully season our scratchings ready for customers to enjoy with their favourite tipple – a naughty but nice snack!"

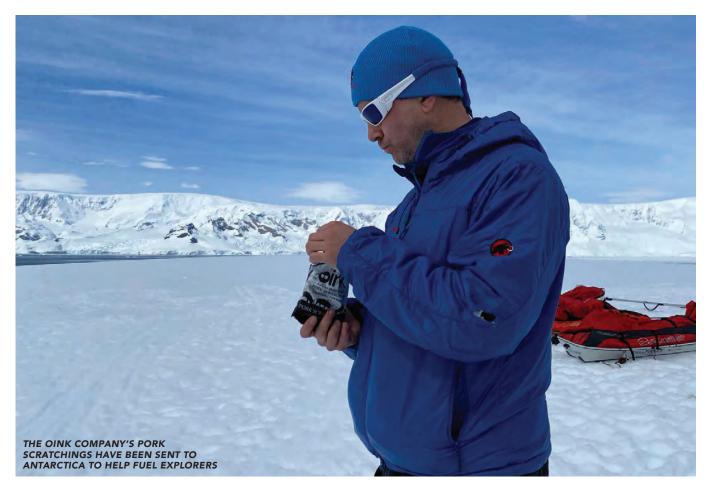
According to food historians, butchers first started selling pork scratchings in the 1930s, calling it crackling, however it is believed they first went to market almost 100 years ago in the West Midlands as a working man's snack arising from many families keeping their own pig at home.

"We only use rind from the shank of the pig which is hand cut to ensure we TO TOOR PAVOORITE DRINK

maintain a good layer of fat on the rind," says Mike.

"Our Oink traditional pork scratchings are cooked once at high temperatures until they reach our desired level of crunch and crispness – we are looking for the fat to be soft under a layer of crispy rind.





"Our artisan crackling is cooked twice to create a much crunchier product with a lot of the fat rendered out in the cooking process. We then season the traditional scratchings with our salt seasoning and the artisan range with various flavours such as salt & vinegar, smoky BBQ and sweet chilli and this year we are also introducing new flavours such as cheese & onion, habanero and curry!"

### Full of flavour

The Oink Company uses pork rind from abattoirs in Ireland and the UK that take in pigs from Yorkshire and Lincolnshire.

"The quality of the rind is important to us as we use only rind from the shank of the pig. It is hand cut to ensure we still maintain a good layer of fat, which can't be achieved with machine-cut rind.

"We only use shank rind as the quality of the skin is superior to other parts; also, the thickness of shank fat is just right – not too thick, not too thin. of Ireland, is also committed to producing snacks that are free from gluten: "We cook in small batches to maintain freshness and are committed to being ecofriendly with our packaging, hence the introduction of our recyclable drums and

"When you pop, it's hard to stop" – Mike Holman

"Both of these qualities are essential for perfect pork scratchings and delivering a unique combination of crunchy rind and a rich, softer textured layer of fat."

The company, which currently sells throughout the UK and also exports to customers in America, Canada, Australia, Israel, Netherlands and Republic the move to introduce glass jars, replacing our previous plastic jars.

"We are also working with the DIT (Department of International Trade) on exporting to Japan and supported Antarctic Quest 21 (a climate change expedition) this year by sending our pork scratchings to Antarctica to help fuel the explorers." All The Oink Company's pork scratchings and crackling are hand cooked in small batches, with salted their bestseller, followed by Smokey BBQ which pairs well with spicy mango chutney or apple sauce.

They are also currently working on a new pork crunch snack with several new flavours including cheese & onion, blue cheese, paprika and Jamaican jerk.

"Our aim is to produce an expertly flavoured snack which has been hand cooked at a high temperature for just the right amount of time to get that perfect crunch with every bite – definitely one of my favourite guilty pleasures!"

For more information visit www.theoinkcompany.co.uk

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### Band Support gin helping the music community

The Gentlemen Distillers have partnered with Newmoon Insurance to launch a high quality gin aimed at giving something back to the musical community which has supported both businesses throughout their lives.



Band Support London Dry Gin aims to help community bands and music ensembles, as well as promoting music within the community by taking £10 from every bottle sold and splitting it between the following organisations:

- The Brass Band Heritage Trust
- Brass Band Radio
- The Bandsman Fund

The Bandsman Fund is run by The Gentlemen Distillers and will give a donation every six months to a single band, orchestra, choir, or other ensemble in need of funding. This could be to replace damaged instruments, help renovate a rehearsal space, or allow people to take part in banding who otherwise could not afford to. It is hoped that with these small acts, The Gentlemen Distillers can help to keep music strong in our communities.

For more information visit the website: www.gddrinks.com

### Come and discover the beautiful estate and deer park at Stourton Woods

Open every Sunday from May to September 2022, you will have the opportunity to enjoy the surroundings of the estate at your leisure.

Red deer safaris are on offer together with self-guided walks around woodlands and lakes, with plenty of space for children and dogs to explore. The open days will be supported by a number of quality local food vendors serving refreshments, with flushing toilets available on site too!

Lovingly reared homegrown venison will be available to purchase, for you to cook at home with a selection of tried-and-tested recipes for inspiration. In order to maintain the grounds to a high standard, a small car parking charge will be in place; every penny of which will be re-invested to improve and manage the site. Stourton Woods also

includes a unique safari tent venue which is nestled within the arboretum with views out to the deer park. It is available to hire for wedding receptions and private parties and has the capacity for up to 150 guests.

You can find Stourton Woods just off the A158 between Horncastle and Wragby.

Visit www.stourtonestates. co.uk for more information.





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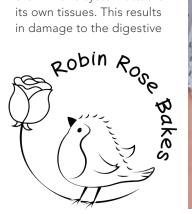
# Sweet treats for all...

Barbara Young meets the dedicated mother and daughter duo behind Robin Rose Bakes, who are committed to producing exceptional "free from" bakes and cakes.

A joint business venture launched in August last year between Diane Tebb and her 24-year-old daughter China, Robin Rose Bakes was born out of the pair's frustration at the lack of quality gluten and dairy-free food, which not only fulfilled dietary requirements but tasted delicious too!

"After China was diagnosed coeliac at the age of 20, everything had to transition to gluten-free. Over the years, we tried some really dire glutenfree cakes and knew that we could do better," says Diane. "We both agreed that people who don't have a choice in omitting gluten from their diet still deserve to eat great cake. Making something gluten-free is not an excuse to make it lesser in quality!"

Diane, who is dairyintolerant herself, explains that coeliac is an autoimmune condition that means if gluten is consumed, the immune system attacks its own tissues. This results in damage to the digestive





# LEMON DRIZZLE CAKE, A BESTSELLING FAVOURITE



system and long-term can increase the risk of certain cancers.

As China is also lactose and soy-intolerant, gluten, dairy, and soy are all avoided in the family's diet: "It can definitely make eating out and grocery shopping much more difficult – we spend far too much time in the free-from aisle at the supermarket!

According to Diane, the reaction to Robin Rose Bakes has been "absolutely fantastic".

"We're often told that people can't tell that our cakes are gluten and dairyfree at all, which is the biggest compliment. Our customer base is very diverse in age, but the majority tend to have some form of dietary requirement and we also have a growing number of customers with 'regular' diets who simply enjoy our cakes, irrelevant of being gluten and dairy-free!"

# **Dietary requirements**

Diane says they have noticed

that the market for those with specific dietary requirements is growing.

"It's increasingly uncommon to be completely unaware of intolerances and allergies. Unfortunately this has meant that large companies and supermarkets have capitalised on this and churned out products that tick all the boxes of glutenfree, dairy-free, vegan, but their quality is severely lacking. unfair that she shouldn't have access to great quality baked goods like everyone else."

Diane believes there are many misconceptions about free-from food in general.

"As far as baked goods such as cake and bread, there's often the preconception that they're mass-manufactured, dry, crumbly, and overly sweet, as well as having a hard or tough texture, which is what we're hoping to change."

"We're often told that people can't tell that our cakes are gluten and dairy-free at all, which is the biggest compliment" – Diane Tebb

"People who need to follow a free-from diet because of medical reasons (and not through choice, which is also more common now) are sick and tired of having to settle for less.

"For someone like China, who now has to follow a strict gluten-free diet for the rest of her life, it seems wildly Diane and China spent many months testing and perfecting their recipes ahead of launching the business.

"It was certainly a challenge to start with. Producing free-from cakes takes a lot of practice and that means dedication. However, as it's something we have to live with on a daily basis, we're committed to keep trying until we get the perfect product.

"It took us months of focussing on a particular format of mini loaf cake to get the end result perfect. To ensure our products had the taste, texture, and appearance of 'regular' cake that was suitable for retail, we had to do test bake after test bake and plenty of those ended up in the bin!

"It certainly wasn't easy but the secret is to keep trying. Don't overcomplicate free-from baking by trying to use fancy and expensive flours or bizarre recipes by bloggers that use ingredients you've never heard of. All supermarkets now stock ready-blended gluten-free flours that you can use in traditional recipes by simply substituting the regular wheat flour.

"A common misconception with gluten or dairy-free food is that it simply has to not contain these ingredients to be classed GF or DF. However, this isn't true. Cross-contamination is a huge issue for those with serious dietary requirements, as something as small as a crumb of bread can make a coeliac very ill.

"Our bakery is completely gluten and dairy-free; we don't handle these ingredients at all, so our products are safe for those with an intolerance, allergy, autoimmune condition, or other dietary requirement, with no risk of crosscontamination."

# **Family inspiration**

Based in Thorpe on the Hill, near Lincoln, the name Robin Rose Bakes was inspired by Diane's grandparents and a rose bush she has in her garden in memory of her grandfather's gift for growing and love of roses.

"The 'robin' part of our brand name comes from the saying 'robins appear when loved ones are near', as there are often two robins around the rose bush in our garden that we like to think are my grandparents saying hello," Diane explains.

When the business first launched it was based online for postal deliveries, with the brand expanding at markets and events following on. Our first selection was a mixed box that included four mini loaf cakes: chocolate fudge, cherry almond, lemon drizzle, and coffee. We wanted to make sure there was something for everyone in there and although we don't offer this particular mixed box currently, our range has expanded massively since and we now instead have a pick 'n' mix box available online.

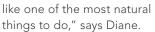
"We sell at regular weekly markets – at the moment Newark and Grantham on Saturdays, but we're looking



to expand this throughout the year. We also have several wholesale outlets across Lincolnshire, which can be found by looking on our social media pages to keep up to date, which include farm shops, cafés, tea rooms and restaurants."

Diane and China's shared love of baking was evident early on and their individual business backgrounds and talents have combined perfectly to launch this fast growing business.

"We've both always enjoyed baking, not only for ourselves but also for sharing with others. There's an element of love and care that goes into taking the time to bake for someone else and we've always been a family that gathers around food – it's one of the ways we show each other how much we care. Transferring this passion into something we can share on a much larger scale felt



"Starting small with the humble packet mix before quickly progressing to trying out most of the recipes in our original Be-Ro home cookery book, China spent her teenage years baking everything from brownies to crumbles, steamed puddings to cookies, cheesecakes to celebration cakes. It didn't take her long to realise how much she likes baking just as much as the generations in the family before her."

China previously worked in a fudge shop, but also spent her later teenage years making commissioned celebration cakes for friends, family and teachers, while Diane, a lifelong baker, has worked in catering and hospitality environments and achieved her HNC in Hospitality Operations as well as a BTEC Level 3 in Hospitality Supervision.

"All of these experiences have culminated to mean we both have knowledge in several areas that are key



# Easter chocolate brownies

# **INGREDIENTS:**

Makes: 6

# Easter brownies (gluten and dairy-free)

½ tsp xanthan gum
60g gluten-free selfraising flour
70g cocoa powder, sieved
120g dairy-free butter
85g dark brown sugar
85g caster sugar
2 eggs, large
½ tsp vanilla essence
½ tsp instant coffee powder
30g dairy-free dark chocolate (we use 70% cocoa)

# lcing:

80g icing sugar 3 food colourings of your choice ½ tsp vanilla essence

**Tin:** We used an individual portion brownie tin to produce ready-cut pieces but you can also use a regular 8" square baking tin and slice the brownies up once they're cool.

# **METHOD:**

Preheat the oven to 170°C (160°C fan) and grease the brownie tin.

Roughly chop the dark chocolate into small pieces and set aside.

Place the butter in a pan and gently melt. When melted, remove from the heat and add the cocoa, whisking until smooth. Allow to cool for a few minutes.

Whisk the eggs, vanilla, coffee and sugars in a bowl for 2-3 minutes or until smooth and silky.

Add the cooled, melted chocolate mix to the egg mix and whisk until fully combined.

Mix in the sieved flour and xanthan gum until a smooth batter is formed.

Stir in the chopped chocolate and pour into the greased tin. Bake for 17 minutes.

Remove from the oven and allow to fully cool in the tin before transferring to a chopping board. Using a sharp knife, divide the brownie slab into six portions.

In a bowl, mix the icing sugar, vanilla essence, and add water a tablespoon at a time until a thick paste is formed.

(Don't panic if you add too much water, just put some more icing sugar in until you reach your desired consistency!)

Divide the icing into three bowls and add one of your food colourings to each. Drizzle each colour of icing onto your brownies with a piping bag or spoon.

Top with some of your favourite Easter chocolate and enjoy!

DELICIOUS EASTER CHOCOLATE BROWNIES



to setting up a food-based business," she explains.

"Although we started off with my own focus on the physical baking and recipe testing and China's expertise with social media, marketing, logistics, and events, it's now much more evenly split.

"With both of us doing a little bit of everything, it means we can generate ideas from two different perspectives. Separating 'business' time from 'family' time is also key as it's vital to have boundaries when it comes to running a business with family!"

# Developing the range

Robin Rose Bakes' range of flavours is constantly evolving and there are currently 12 varieties of mini loaf cake (of which four are vegan) and five varieties of scone (all vegan).

"Following demand, we've just launched our new vegan range of cakes and we're really pleased with how well they've gone down with new and returning customers, so this is something we'll also be expanding throughout 2022.

"Our bestsellers change with the seasons, however lemon drizzle seems to always sell best. It's a classic that's not too sweet and people know that it's going to be moist and zesty. It always looks fresh as we top it with grated lemon rind which gives it a pop of colour when presented.

"Currently, brownies and cookies are also very popular, as well as layered tray bakes, but we wanted to bring something a bit different so we could add to the freefrom market as opposed to competing with products



already existing in a very niche market."

Diane says they have also made several celebration cakes and are always happy to have a chat with customers about what they're looking for. "Whether it's a wedding, birthday, or something else, those following a free-from diet shouldn't have to miss out on cake!

"We've worked very hard to create cakes that feel and taste like the 'real deal' and that tends to surprise people following a free-from diet. Instead of being designated the standard pre-packaged GF brownie, our customers can enjoy a much more diverse range of products that they feel they can share with others because they don't immediately appear 'free-from'.

"We want people to buy our cakes because they look and taste great, whether they're following a free-from diet or not, it just happens to be gluten and dairy-free."

## Environmentally aware

As a business, Robin Rose Bakes prides itself on being environmentally conscious when it comes to packaging.

"Unfortunately the takeaway food industry is incredibly wasteful, with single-use packaging being just one of the major issues. We decided that we were going to do everything in our power to reduce the environmental impact of our business. For example, our cake cases and cellophane wraps are compostable, the sticky tape we use is plant-based, and our cake domes are made from recycled plastic and are 100% recyclable.

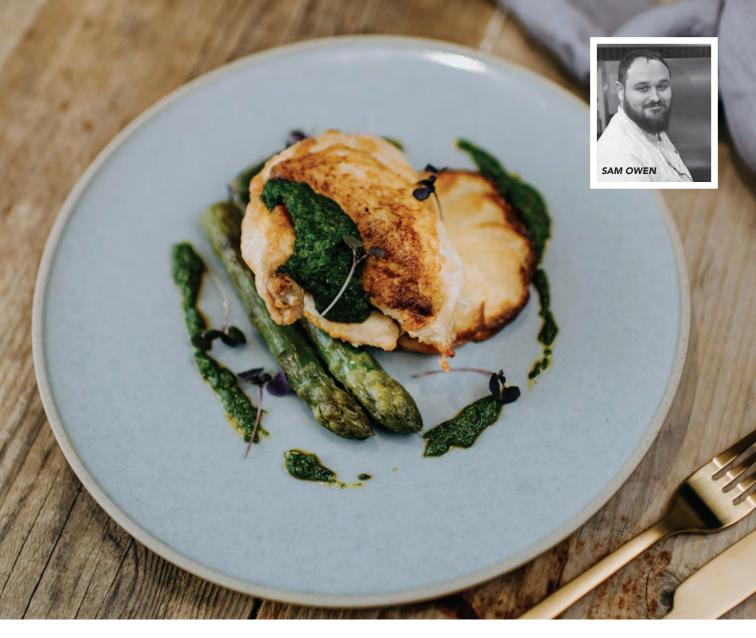
"There is a dedicated page on our website that breaks down every piece of packaging we use and how to responsibly dispose of it, of which only one item is not compostable, biodegradable, or recyclable.

"It certainly costs more to buy these packaging products but we hope that in sharing this ethos with our customers, we can try to make a positive impact on the decisions of others too."

Looking ahead long-term, Diane and China are aiming to open a bakery and tearoom venue offering an entirely gluten and dairy-free menu of sweet and savoury treats, while short-term they are planning on exhibiting at a number of food festivals and events this year.

"We're passionate about local business and are always on the lookout for more who want to cater for free-from customers. So whether you know what you'd like but don't know where to source it, or have no idea about how to cater for free-from customers and just want to have a chat, we're always happy to sit down with other local businesses and help out where we can. Freefrom doesn't have to be complicated!"

For more information visit www.robinrosebakes.co.uk



Chef Sam Owen, of Salted Orange, has created a chicken and asparagus dish which will impress your guests whether you are dining indoors or al fresco.

# Free range chicken breast with chimichurri, asparagus and Pommes Anna

# INGREDIENTS

2 chicken breasts 1 bunch of asparagus Butter Salt Potatoes, peeled

# For the chimichurri:

1 bunch of parsley 1 tsp fresh chillies, chopped 2 cloves of garlic, minced

# Salt Olive oil ½ a lemon, juiced

1⁄2 a lemon, juiced 2 tbsp red wine vinegar

# METHOD

Slice the potato as finely as possible, warm 100g butter in a pan until melted. Allow the butter to cool slightly then dip each slice of potato in, lay on baking paper and season with salt.

Bake at 180 degrees until golden and crisp.

In a blender combine all the ingredients for the chimichurri except the olive oil.

Slowly pour in the oil as it pulses, leaving it slighty coarse.

Adjust the seasoning as

required.

In a pan add a knob of butter and a splash of oil, lay the chicken skin side down and cook until crisp.

Turn the breasts and season. Place in an oven at 180°C until cooked through.

Add the asparagus to the pan and crisp and season. Serve as shown.

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FOOD&DRINK

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No.7 Quintus Pl, North Hykeham, Lincoln LN6 9YS T: 07792 659542 E: darren@bydarrenrogan.co.uk Darren Rogan is a proud Yellowbelly who uses fresh, local, seasonal produce wherever possible to enhance the flavour of the dish. He uses local meats, fish, vegetables and cheeses to include a unique sense of Lincolnshire into each dish.

# CHUCKLE'S SAUCES

Address: Unit 1, 23 Mill Close, Roughton Moor, Woodhall Spa, Lincolnshire LN10 6UT T: 07854 536225 E info@chucklesqualitysauces.co.uk Chuckle's Original Hot Sauce is a signature sauce with a very unique and distinctive flavour produced by Chuckle's Quality Sauces, a small family business based in Woodhall Spa on the edge of the beautiful Lincolnshire Wolds.

# LINCOLNSHIRE COUNTRY COTTAGES

Unique Luxury Holiday Cottages in Ruckland, Louth, Lincolnshire



Woody's Top - Sleeps IO Finalist of the 'Select Lincolnshire' Self-Catering Establishment of the Year 2019. Luxury spa hot tub, 3 double bedrooms with king size beds & 2 twin rooms all en-suite & games room.





Park Cottage - Sleeps 8 Hot tub, outdoor BBQ & pizza oven, table tenn games room with pool table/olaystation.



# Brockdale Barn - Sleeps 12 Swim Spa, 6 ensuite bedrooms, games room, large outdoor kitchen & firepit.

Luxury self-catering accommodation in the Lincolnshire Wolds Area of Outstanding Natural Beauty. Perfect for a family holiday or celebration where you can explore unspoilt areas of countryside and beautiful sandy beaches.

# WWW.LINCOLNSHIRECOUNTRYCOTTAGES.UK TELEPHONE: 01507 533200 MOBILE: 07979757985 EMAIL: ENQUIRIES@LINCOLNSHIRECOUNTRYCOTTAGES.UK

# Ferry Ales Craft Ale & Lager Brewery



Ferry Ales Brewery is an award-winning family run brewery based just outside the historic city of Lincoln. We brew and sell real ale and craft beers in casks, kegs, bottles and the very popular Bag-In-Box available in 10 litres and 20 litres. You can visit the brewery on a tour which run once a month. We also provide a mobile bar service. Our beers are available online or at our brewery

료: Ferry Hill Farm, Ferry Road, Fiskerton, Lincoln LN3 4HU 0800 9993226 sales@ferryalesbrewery.co.uk □ www.ferryalesbrewery.co.uk

#### ATTRACTION, BUY **COGGLESFORD WATERMILL**

East Road, Sleaford NG34 7EQ T: 01529 413671 during opening hours W: cogglesfordwatermill.co.uk Historic working watermill in picturesque setting. Stone-ground wholemeal and white flour milled on site and other locally produced goods for sale.

### ACCOMMODATION, EAT THE DOWER HOUSE HOTEL

Manor Estate, Woodhall Spa LN10 6PY T· 01526 352588 W: dowerhousehotel.co.uk Stay, dine and celebrate your special occasion in this charming country house hotel.

#### **CATERER/FUNCTION VENUE** THE FARM KITCHEN T: 01529 460821

W: thefarmkitchen.com The Farm Kitchen was established in September 2006 and currently supplies lunches to over 55 local primary schools and nurseries throughout Lincolnshire.

#### BUY. WHOLESALE FERRY ALES BREWERY LTD 💵 🗊

Ferry Hill Farm, Ferry Road, Fiskerton, Lincoln LN3 4HU T: 07500 775899 W: ferryalesbrewery.co.uk An independent craft brewery, core beers range from American Pale Ales to a smoked Porter and are available direct from the brewery including refillable bottles.

#### PLACE TO BUY, WHOLESALE LINCOLNSHIRE BREWING COMPANY

15 Main Road, Langworth LN3 5BT T: 01522 595787

- F 🛛 😏

W: lincolnshirebrewingco.co.uk E: claire@lincolnshirebrewingco.co.uk Established in 2014, the only brewery situated within the historic city walls of Lincoln. Brewing beers that are named predominantly after Lincoln's historic sites.

#### A LITTLE LUXURY PRESERVES & DISTILLERY T

15 Barnes Close, Sleaford NG34 8BF W: alittleluxurydistillery.com An award-winning mother and daughter artisan team who lovingly produce small batch, handcrafted Gins, Rums and Gin Liqueurs.

## **BUY, WHOLESALE ODLING BROTHERS**

54 High Street, Navenby, Lincoln LN5 0FT T: 01522 810228 W: odlingbros.co.uk Award-winning pork and meat pies, Lincolnshire sausage and haslet. Traditional family butchers and grocers providing high quality personal service.

#### ACCOMMODATION, BUY, CATERER/ FUNCTION VENUE, WHOLESALE **OWNSWORTH'S RAPESEED OIL AND** FULBECK GARDENS COTTAGE

T: 01400 273989 W: ownsworths.co.uk Home-grown cold pressed rapeseed oil. Winner Grower of the Year Select

• 8 en-suite bedrooms

Lincolnshire 2015/2016. Supplying retail, wholesale and caterers.

#### ACCOMMODATION, PLACE TO EAT, **CATERER/FUNCTION VENUE** PETWOOD HOTEL

Stixwould Road, Woodhall Spa LN10 6QG T: 01526 352411 W· petwood co uk Fabulous food, friendly service and a historic setting make Petwood Hotel a favourite for local dining and short breaks.

# PLACE TO EAT

**QUEEN'S HEAD INN & RESTAURANT** Church Lane, Kirkby La Thorpe, Sleaford NG34 9NU T: 01529 300750 W: thequeensheadpub.com Completely refurbished, this top ranking pub and restaurant is synonymous with fine food and hospitality.

#### PLACE TO EAT **RED LION DIGBY**

3 North St Digby, Lincoln LN4 3LY T: 01526 321686 W: theredliondigby.co.uk A traditional village pub with a modern outlook serving cask ales and quality food. The Red Lion Digby is a Free House owned by Pete and Ange who are proud of their 400-vear-old stone-built. whitewashed, corner local in the centre of the small village.

#### EDUCATION **RED HEN DAY NURSERY**

Manor Farm, Reston Road, Legbourne, Louth LN11 8LAS T: 01507603535 W: redhendaynursery.co.uk A wonderful day nursery on a working farm for children 0-5.

#### BUY, WHOLESALER SEVEN DISTRICTS COFFEE 78 Hawthorn Road, Reepham

IN3 4DU T: 07554883638 E: admin@sevendistrictscoffee.com W: sevendistrictscoffee.com Ethically sourced speciality coffee,

roasted in Lincoln. Empowering people to truly enjoy a great cup of coffee

#### BUY STATIONS BUTCHERS

2 Station Road, Woodhall Spa LN10 60L T: 01526 352321 E: timwilliamson795@gmail.com

#### ACCOMMODATION, PLACE TO EAT, **CATERER/FUNCTION VENUE** THE VILLAGE LIMITS

Stixwould Road, Woodhall Spa LN10 6UJ T· 01526 353312 W: villagelimits.co.uk Award-winning country pub with rooms, great local produce, local ales and a warm welcome. Open Tue to Sun 12-2, every night from 6. Takeaway also available.

## **BUY, WHOLESALE** WELBOURNES BAKERY

38 High Street, Navenby, Lincoln LN5 0DZ T· 01522 810239 W: welbournesbakery.com Traditional, artisan village bakery since 1896, specialising in Lincolnshire plum bread. Wide range of bread, cakes and sausage rolls available.

# BUY

**GRANGE FARM PRODUCE** 

Waveney House, Kit Kat Lane, Sutterton PE20 2NB Local South Lincolnshire family run farm selling their own reared beef (aged 21-28 days), lamb and chicken direct to customers via their food boxes. Wide range of home-grown vegetables also available.

# LINCOLNSHIRE COAST

**BUY. ATTRACTION** ALFORD CRAFT MARKET

West Street, Alford LN13 9DG T: 01507 463341 W: alfordcraftmarket.co.uk Promoting quality Lincolnshire arts and crafts via events, shop, gallery and craft classes.







PLACE TO EAT, ATTRACTION, BUY, CATERER/FUNCTION VENUE, WHOLESALE **BATEMANS BREWERY & VISITORS CENTRE** 

Salem Bridge Brewery. Wainfleet, Skegness PE24 4JE T: 01754 882009 W: bateman.co.uk Visitors Centre open 7 days a week to the public and now a great venue for parties and weddings, with a licence for civil ceremonies.

### PLACE TO EAT, BUY, WHOLESALE **FARMER BROWN'S ICE CREAM**

Woodrow Farm, Sutton Road, Huttoft, Alford LN13 9RL T: 07946 485549 W: farmerbrownsicecream.co.uk Ice cream parlour, tearoom and small farm shop set within a working mixed farm by the seaside with a self

catering bungalow for a farm holiday.

25-28 West Street, Alford LN13 9DG T: 01507 463477 W: halfmoonhotelalford.co.uk The perfect place to stay, with 17 en-suite bedrooms, when visiting Alford, the Lincolnshire Wolds or east coast.

# **BUY. WHOLESALE** LYMN BANK FARM

W: postacheese.com Producers of Skegness Blue, Skegness Gold, Lincolnshire Brie, lust lane. flavoured cheeses and handmade chutney.

# PLACE TO EAT SEACROFT HOLIDAY ESTATE

Sutton Road, Trusthorpe LN12 2PN



#### **BUY, WHOLESALE FABULOUSLY FRUITY WINE**

Peaks Top Farm, New Waltham, Grimsby DN36 4RS T· 01472 812941 W: peakstopfarm.com Fabulously Fruity Wine is a unique and delicious range of wines produced 100% from fruit grown on our farm

# ACCOMMODATION HALF MOON HOTEL

T: 01754 880312



Home cooked food and real ales, can cater for every occasion.

> Our two holiday cottages (both sleep 4) available for a week or short breaks.

Main Road, Aby, Alford, Lincolnshire LN13 0DR T: 01507 480676 www.railwaytavern-aby.co.uk

# T: 01507 472421

You can download this issue of **GOOD TASTE LINCOLNSHIRE** 

from www.lincolnshirelife.co.uk

W: seacroftcaravanpark.co.uk Enjoy award-winning accommodation, first class service and top quality food and drink right next to miles of unspoilt sandy beaches. Select Lincolnshire winner 2015.

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#### WHOLESALE WILLOWS FARM FRUIT

T: 01754 873266 W: willowsfarm.co.uk Willows Farm Fruit is a family farm, growing 1,000 acres of crops and specialising in soft fruit.

# **BUY, WHOLESALE, ATTRACTION**

SKEGNESS DISTILLERY 💷 36, Prince George Street, Skegness PE25 2BD T: 07742 012740 W: spiritofskegness.co.uk One-stop shop for all lovers of gin and rum. Gin School, distillery tours and tasting sessions.

#### PLACE TO EAT SEASCAPE CAFÉ

North Sea Observatory, Chapel St Leonards PE24 5XA T: 01754 873840 E: manager@seascapecafe-nso.co.uk

# LINCOLNSHIRE WOLDS

#### BUY WHOLESALE **A E DENNETT & SON LTD**

24-26 Boston Road, Spilsby PE23 5RQ T: 01790 752573 Established in 1926, this family business makes award-winning natural ice cream in 30 flavours, also frozen yogurt and sorbet.

#### PLACE TO EAT. ATTRACTION. **CATERER/FUNCTION VENUE** ALFORD MANOR HOUSE

West Street, Alford I N13 9HT T: 01507 463073

W: alfordmanorhouse.co.uk Enjoy homemade cakes, snacks or light lunches in the tea room of this historic, thatched manor house. See website for opening times.

#### ACCOMMODATION, CATERER/ **FUNCTION VENUE** BRACKENBOROUGH HALL

**COACH HOUSE** 

Brackenborough, Louth LN11 ONS T: 01507 603193 W: brackenboroughhall.com Three luxury apartments in a listed coach house, accommodating 1 to 24 guests. Winner Select Lincolnshire 2016 & Best Self Catering Holiday in England 2009/2010.

#### PLACE TO EAT, BUY THE CHOCOLATE DROP

Special Edition Chocolate Market Rasen LN8 3RH T: 01673 844073 W: specialeditionchocolate.co.uk All chocolate is made here, nut free, gluten free and the dark is dairy free. New! Afternoon teas available. Book a 'Chocolate Experience'.

### PLACES TO EAT/DRINK THE PANACEA

9 Queen Street, Louth LN11 9AU T: 01507 609315 W: panacealouth.co.uk As a Gin bar & Cocktail House, The Panacea specialises in perfecting the prime beverage for you. With a wide selection of gins, recommended tonics and complementing fruits, their bar staff can suggest and create a drink for whatever your mood may be.

#### PLACE TO EAT **THE COACH & HORSES** Hemingby, Horncastle LN9 5QF

T: 01507 578280 Traditional village pub serving a range of real ales and good quality, fairly priced bar meals. Taste of Excellence Runner-up 2010-2011.

# COTE HILL CHEESE 🗊

Cote Hill Farm, Lincoln Ln, Osgodby, Market Rasen LN8 3PD W: cotehill.com The Davenports have been milking cows at the foot of the Lincolnshire

Wolds for three generations. Today, Michael and Ross milk the cows, while Mary and Joe make the award winning cheeses.

WHOLESALE DAVIS (PRODUCE) LTD T: 01507 600969

# W: davisworldwide.co.uk

Highly regarded importer and exporter of fruit & vegetables. Since 1999 we have established a solid satisfied customer reputation in the world of fresh produce.

#### **BUY, WHOLESALE** FIELD FARM FREE RANGERS

Field Farm, High Toynton, Horncastle LN9 6NL T: 01507 523934 W: fieldfarmshop.co.uk Farm shop selling our own rarebreed Berkshire pork, sausages, bacon and gammon, lamb, chickens and eggs, home produced and local vegetables.

#### **BUY. STAY** GALLEY HILL FARM

Saleby, Alford LN13 0DY T: 01507 450399 E: ian@galleyhillfarm.co.uk A PYO fruit farm, touring caravan site, jam and preserves producer.

#### BUY. CATERER/FUNCTION VENUE **GRAHAM FIDLING QUALITY LOCAL** AND MOBILE BUTCHER

7 The Broadway, Woodhall Spa LN10\_6ST T: 01504 526808 W: woodhallbutcher.co.uk Facebook: Graham Fidling Mobile Butcher Friendly reliable service covering 20 mile radius of Horncastle. Locally reared meat, homemade pies, cakes and more delivered to you.

# BUY **GRIMBLETHORPE HALL BUTCHERY**

Grimsblethorpe Hall, Louth, Lincolnshire LN11 ORB T· 01507 313440 W: www.grimblethorpehall.co.uk/

butcherv Grimblethorpe Hall Butcherv is situated on a beautiful farm nestled within a chalk stream valley in the middle of the Lincolnshire Wolds and is home to all their pedigree rare breed, slow grown livestock. They are certified Pasture for Life and Organic, ensuring the most natural habitat for all the animals.



JUBILEE EVENT Alford Manor House Grounds and Big Marquee Thursday 2nd, Friday 3rd & Saturday 4th June 2022

# ON THE THEME OF ART

Art workshops, demonstrations & children's activities plus quality Lincolnshire craft stalls Give what you can afford • 10am - 4pm each day

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The onsite butchery produces the very highest quality meat for your table and full traceability from field to fork is at the core of everything they do.

#### ATTRACTION, PLACE TO EAT, FUNCTION VENUE HALL FARM PARK

Caistor Road, South Kelsey LN7 6PR Tel: 01652 678822 E: enquiries@hallfarmpark.co.uk W: hallfarmpark.co.uk Hall Farm Park at South Kelsey, set on the edge of the Lincolnshire Wolds, is a small family run park which opened in 2006. More than a decade later the sense of "family" and customer care are still the most important aspects. Visitor satisfaction and enjoyment are of utmost importance. A quiet rural backdrop, a real working farm and lots of things to see and do all add to the unique experience.

# WHOLESALE

**IDEAL LINCS LTD G** Grange Offices, Girsby Grange Farm, Burgh on Bain, Market Rasen

- LN8 6LA
- T: 01507 313855

Lincolnshire's specialist 'Regional Produce Hub' serving multiples, Lincolnshire Co-op, Asda and Sainsbury's, independent retailers, farm shops and restaurants.

### WHOLESALE AND RETAIL J SHAW & SON

Buxton House, Yarburgh Road, Alvingham, Louth LN11 0QG T: 01507 327395 W: shawsfruitandveg.co.uk Fruit, vegetables and so much more showcasing the best of Lincolnshire produce and service.

## BUY J H STARBUCK BAKERS & CONFECTIONERS

9 Union Street, Market Rasen LN8 3AA T: 01673 843483

W: richardstarbuck169@msn.com Traditional family bakers. Wide range of breads, cakes, pastries, savouries and Lincolnshire plumbread. Look for our speciality and healthy bread range.

# WHOLESALE L J FAIRBURN & SON LTD

T: 01507 462264 W: ljfairburnpoultry.co.uk A British family business since 1951, producing free range eggs of the highest quality.

# ACCOMMODATION, EATING KINGS HEAD HOTEL

Mercer Row, Louth LN11 9JQHandmade freshT: 01507 602965'Recently we introW: kingsheadlouth.co.ukfudges. Come andTrip Advisor's Choice 2021. Relax, stayfarmers' market.'

or dine in our traditional coaching inn, refurbished in the contemporary style.

#### BUY LAKINGS OF LOUTH

35 Eastgate, Louth LN11 9NB T: 01507 603186 W: lakingsoflouth.co.uk Lakings of Louth traditional Butchers, Bakers & Delicatessen. Established 1908.

# BUY LINCOLNSHIRE CO-OP FOOD STORES

T: 01522 512211 W: lincolnshire.coop Our food stores can be found all across the county, well stocked with more than 100 locally sourced products in our Love Local range.

# BUY, WHOLESALE LINCOLNSHIRE POACHER CHEESE

T: 01507 466987 W: lincolnshirepoachercheese.com We produce award-winning handmade Lincolnshire Poacher cheese on our dairy farm situated on the eastern edge of the beautiful Lincolnshire Wolds.

#### PRODUCER/GROWER MASSINGBERD-MUNDY

South Ormsby Hall, South Ormsby LN11 8QS Forms part of the South Ormsby Estate in the heart of the Lincolnshire Wolds. T: 01507 311445 W: www.southormsbyestate.co.uk

#### PLACE TO EAT, BUY, CATERER/ FUNCTION VENUE, WHOLESALE MYERS BAKERY, CAFÉ TEAROOM & DELI

18-20, The Bull Ring, Horncastle LN9 5HU T: 01507 525871 W: myersbakery.co.uk A traditional family bakery, café tearoom & delicatessen. Famous for their award-winning Lincolnshire plum loaves. Select Lincolnshire Highly Commended 2013.

# EAT, BUY

## NICE AND NAUGHTY CAFÉ BISTRO 31, Queen Street,

Market Rasen LN8 3EN T: 01673 261509 W: niceandnaughtybistro.co.uk Market Rasen's healthier eating café welcomes slimmers, walkers, tourists, cyclists and of course locals.

# BUY OLD ELEPHANT FUDGE

T: 01673 885562 W: oldelephantfudge.co.uk Handmade fresh fudge - delicious. 'Recently we introduced 3 vegan fudges. Come and try at a local

#### THE OLD POSTHOUSE B&B

24 Main Street, Normanby-by-Spital, Market Rasen LN8 2HE T: 01673 878473 W: theoldposthousebnb.co.uk A family run Bed and Breakfast located in the former village post office, providing a "home from home" experience and welcoming and comfortable place to stay. We use luxury mattresses for a good night's sleep; and serve quality local products so you start the day with a great Taste of Lincolnshire.

# BUY, WHOLESALE

White House Farm, Main Road, Moorby PE22 7PL T: 01507 568885 W: oslinc.co.uk Ostrich farmers and speciality low fat meat producers; ostrich, kangaroo, springbok, wild boar etc. Available: mail order, farmers' markets and farm shop.

#### BUY PIN GIN/BOTTOMLEY DISTILLERS T Unit 6, Bollingbroke Ct, Fairfield

Industrial Estate, Louth LN11 0ZW T: 01507 600410

W: www.bottomleydistillers.co.uk Pin Gin from Bottomley Distillers is Lincolnshire's first distilled gin, distilled in the historic market town of Louth using the beautiful rural countryside as inspiration.

# PLACES TO EAT/TEAROOM POST AND PANTRY

Post Office, Main Road, Donington on Bain, Louth LN11 9TJ E: info@postandpantry.co.uk W: www.postandpantry.co.uk Nestled in the heart of the Lincolnshire Wolds, a traditional Village shop, Post Office and Tea Room.

#### BUY, WHOLESALE PRIMROSE FREE RANGE EGGS T: 01673 858379

W: primrosefreerangeeggs.co.uk Family run farm producing free range eggs from hens with unrestricted movement within their field & shed, accredited to the Freedom Food Scheme.

# RACHEL GREEN 🗊

W: www.rachel-green.co.uk Chef, author, TV presenter, demonstrator and food campaigner Rachel Green is a passionate ambassador of Lincolnshire produce.

#### ACCOMMODATION, PLACE TO EAT, CATERER/FUNCTION VENUE THE RAILWAY TAVERN ABY

- Main Road, Aby, near Alford LN13 0DR
- T: 01507 480676
- E: dawnrailwaytavaby@gmail.com
- W: railwaytavern-aby.co.uk
- Award-winning friendly family run

pub. Home cooked extensive menu, superb real ales too - find us on Facebook.

#### WHOLESALE SCAMAN'S EGGS

T: 01507 363692 W: scamanseggs.co.uk 'The ingredients we feed our chickens are carefully selected to ensure outstanding quality with preparation of all feed undertaken here on the farm.'

# ACCOMMODATION, PLACE TO EAT THE STABLES

Grange Farm Park, Maltby-Le-Marsh, Alford LN13 0JP T: 01507 450267 E: sales@grangefarmpark.co.uk

#### FUNCTION VENUE/WHOLESALE/BUY STOURTON ESTATES

Top Yard Farm, Baumber, Horncastle LN9 5PB A traditional family farm, offering guided walks and tractor rides to see the resident herd of red deer and a year of events and festivals. T: 01507 578236 E: contact@stourtonestates.co.uk W: www.stourtonestates.co.uk

#### ACCOMMODATION WEST VIEW B&B & COTTAGES South View Lane,

South View Lane, South Cockerington, Louth LN11 7ED T: 01507 327209 W: west-view.co.uk Rest, relax, recharge in our rural location, and choose from 3 double rooms, self-catering or 5CL available, with a varied breakfast menu.

#### PLACES TO STAY WOODY'S TOP

Ruckland, Louth LN11 8RQ T: 01507 533200 E: enquiries@woodystop.uk W: woodystop.uk Modern luxury self-catering holiday cottage sleeps 10, spectacular views, hot tub, games room in the heart of the Lincolnshire Wolds.

# THE RED LION INN

Raithby, Spilsby

PF23 4DS Nestled on the edge of the Lincolnshire Wolds, Raithby sits between Horncastle and Skegness. close to the market town of Spilsby. At the heart of Raithby stands The Red Lion Inn, a Grade II listed public house, as it has in one form or another since the 18th century. Today. The Red Lion Inn is a hub for the community. A kitchen that produces with fresh locally sourced food and served alongside quality real ales and wine. 'We pride ourselves on great service in relaxed and friendly surroundings." www.redlioninn.pub



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#### LINCOLNSHIRE FENS

# BUY, WHOLESALE

Nursery Road, Riverside Industrial Estate, Boston PE21 7TN T: 01205 368032 W: qualitylincolnshiremeat.co.uk Suppliers of our trademark Lincolnshire Quality Beef, Lamb & Pork. We're proud of our heritage, reflected in our cuts of meat, work ethic and consumer satisfaction.

# WHOLESALE

BOMBER COUNTY PRODUCE Willow Farm, New York LN4 4UY T: 01526 342039 W: bombercountyproduce.co.uk A growing family business... Bomber County Produce is committed to providing the finest, freshest, quality produce, leeks and asparagus fresh from the Fens of Lincolnshire.

#### WHOLESALE, RETAIL THE CHEF'S PANTRY

The Barns, Yew Lodge, Algakirk, Boston PE20 2AE Tel: 01205 461599 W: thechefspantry.co.uk Handmade speciality preserves since 1998.

# ACCOMMODATION, CATERER/ FUNCTION VENUE

ELMS FARM COTTAGES T Hubberts Bridge, Boston PE20 3QP T: 01205 290840 W: elmsfarmcottages.co.uk Nine multi-award winning 4 & 5 Star holiday cottages with wheelchair facilities. Short walk to village pub. Sleeps 2-38. Short breaks, conferences and weddings.

# BUY

**H DAWSON & SONS** 

31 Market Place, Boston PE21 6EH T: 01205 362332 W: www.dawsonandsons.co.uk Traditional family butchers and proud to serve local residents as well as customers from the Lincolnshire area.

#### WHOLESALE FEN PEAS LTD

FEN PEAS LTD T: 07831 615375 W: fenpeas.com Twitter: FenPeasLtd Fen Peas Ltd, a grower's co-operative since 1968 operating in the Boston, Spalding, Sleaford and Grantham areas. It now grows circa 5,000 acres of peas for freezing each year and supplies Greenyard Frozen Foods UK into its Boston factory, who ultimately supply the UK's major retailers.

# WHOLESALE FOLD HILL FOODS LTD

W: foldhill.com Fold Hill have been manufacturing dog food for over 20 years. Growing a

large range of the ingredients which go into producing their tasty food.

#### PRODUCER/GROWER GRANDMA PEAKS HOMEMADE LUXURY CHOCOLATES

The Chase, Main Road, Stickney, Boston PE22 8AG T: 07535207954 E: grandmapeaks@gmail.com Each chocolate is made by hand and with love.

# WHOLESALE

#### JACK BUCK (FARMS) LTD T: 01406 370219

I: 01406 3/0219 W: jackbuck.co.uk Growers of a range of vegetables, notably 'The Ugly One' brand of celeriac. Supplier to wholesalers and processors.

# PLACE TO EAT

Boston College, Skirbeck Road, Boston PE21 6FJ T: 01205 313220 W: boston.ac.uk A fine dining restaurant serving high quality food at exceptional prices. Open Tuesday to Friday and Thursday evenings (term time). Reservations call 10am-2pm (Tue-Fri).

# WHOLESALE

#### LINCOLNSHIRE WILD BIRD SEED T: 01526 345271

W: wildbirdseeds.co.uk 'What food you leave out for birds is very important. We help you find the answers to your bird feeding questions, keep your feeding stations hygienic and pest-free.'

#### BUY, WHOLESALE MOUNTAIN'S BOSTON SAUSAGE

13 High Street, Bridgefoot, Boston PE21 8SH T: 01205 362167 W: bostonsausage. co.uk Purveyors of finest quality handmade Lincolnshire sausages. No preservatives, additives or flavour enhancers. Available online, instore, independent retailers and at London's Borough Market.

#### ACCOMMODATION, PLACE TO EAT, CATERER/FUNCTION VENUE THE POACHERS COUNTRY HOTEL

Swineshead Road, Kirton Holme, Boston PE20 1SQ T: 01205 290310 W: poachershotel.co.uk Providing a warm, relaxing and friendly atmosphere, with a 'quirkiness'. Menus change weekly, cooked by quality chefs, using locally sourced produce.

#### WHOLESALE R BRATLEY (QUADRING) LTD

T: 01775 840322 W: bratley.co.uk Vegetable Growers & Module Plant Raisers, buy to collect or deliver.

# Candlesticks Restaurant with Rooms



This famous family run restaurant is housed in a beautiful stone building. Candlesticks has achieved an enviable reputation as a haven for gourmets since 1975, making 2020 its 45th anniversary. There is an extensive menu using local ingredients with international flavours, an award-winning wine list and 8 very comfortable en-suite rooms should you wish to stay.

Church Lane, Stamford, Lincolnshire PE9 2JU
 Sinfo@candlestickshotel.co.uk
 www.candlestickshotel.co.uk

# WHOLESALE STRAWBERRY FIELDS

T: 01205 480490 W: www.strawberryfieldsorganics.co.uk Family-run business, growing organically since 1975. Lettuces, fresh herbs and a wide range of vegetables, including exotic and unusual, supplied wholesale.

#### ACCOMMODATION, PLACE TO EAT, CATERER/FUNCTION VENUE SUPREME INNS

Bicker Bar, Bicker, Boston PE20 3AN T: 01205 822804 W: supremeinns.co.uk Independently run and locally owned, featuring 55 large en-suite rooms. Award-winning restaurant is open all day, serving locally sourced homemade food.

# BUSINESS SUPPORT T&B CONTAINERS LTD

T: 01205 270200 W: tbcontainers.com Specialists in machine erect trays for produce packaging. The range of packaging available is vast and the experienced sales team welcome your bespoke enquiries.

#### WHOLESALE VINE HOUSE FARM

Deeping St Nicholas, Spalding PE11 3DG T: 01775 630208 W: vinehousefarm-farmshop.co.uk Offering a range of home grown and locally grown vegetables and other locally sourced foods. Specialists in Wild Bird Food and accessories.

#### PLACE TO EAT YE OLDE RED LION

Donington Road, Bicker, Boston PE20 3EF T: 01775 821200 W: redlionbicker.co.uk A quintessential English Country Pub, real ales, fine food and warm fires. Using all locally sourced homemade food. Select Lincolnshire Highly Commended 2015.

# LINCOLNSHIRE VALES

WHOLESALE BREWSTERS BREWING COMPANY

# W: brewsters.co.uk

National award-winning brewer, producing cask and bottled beers from locally produced malt. Supplying hospitality businesses, corporate and private parties.

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#### ACCOMMODATION, EATING CANDLESTICKS HOTEL AND RESTAURANT

1 Church Lane, St Martins, Stamford PE9 2JU T: 01780 764033 W: candlestickshotel.co.uk Stay and dine in the quiet comfort of this charming hotel and restaurant.

#### BUY, CATERER/FUNCTION VENUE, WHOLESALE GRASMERE FARM

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