



LOCAL COVID ALERT LEVEL

MEDIUM**Social Contact**

Rule of six indoors and outdoors, in all settings.

Weddings and Funerals

Up to 15 guests for weddings and up to 30 guests for funerals. 15 for receptions, wakes and related ceremonies.

Overnight Stays

Overnight stays permitted subject to social contact rules.

Working from home guidance

Work from home where possible.

Shopping and Retail

Open.

Leisure and gyms

Open.

Hospitality

Open with some restrictions including 10pm closing time and table-service only.

Entertainment and tourist attractions

Open, except nightclubs and adult entertainment.

Education

Schools, FE colleges open. Universities must reflect wider restrictions.

Healthcare Services

Open.

Residential Care

Open to external visitors with additional precautions, subject to individual care provider guidance.

Travel and Transport

No travel restrictions within area. Avoid travel into Local COVID Alert Level Very High areas where possible.

Sporting Activity

Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).

Worship

Open, subject to social contact rules.

Childcare

Registered and wraparound childcare open. Supervised activities permitted in private homes. Children's groups permitted.

Youth Clubs and Activities

Permitted.

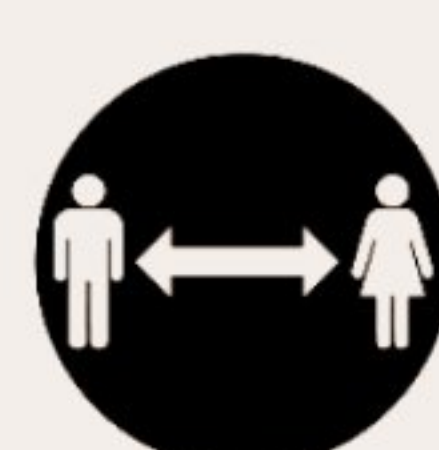
There are three simple actions we must all do to keep on protecting each other:



Wash hands
keep washing your hands regularly



Cover face
wear a face covering in enclosed spaces



Make space
stay at least 2 metres apart - or 1 metre with a face covering or other precautions

For more information and detailed guidance visit:
[gov.uk/coronavirus](https://www.gov.uk/coronavirus)



LOCAL COVID ALERT LEVEL

HIGH**Social Contact**

1 household / bubble indoors. Rule of six outdoors.

Weddings and Funerals

Up to 15 guests for weddings and up to 30 guests for funerals. 15 for receptions, wakes and related ceremonies.

Overnight Stays

Overnight stays permitted subject to social contact rules.

Working from home guidance

Work from home where possible.

Shopping and Retail

Open.

Leisure and gyms

Open.

Hospitality

Open with some restrictions including 10pm closing time and table-service only.

Entertainment and tourist attractions

Open, except nightclubs and adult entertainment.

Education

Schools, FE colleges open. Universities must reflect wider restrictions.

Healthcare Services

Open.

Residential Care

Closed to external visitors other than in exceptional circumstances.

Travel and Transport

May continue to travel to open venues, but reduce number of journeys where possible. Avoid travel into Local COVID Alert Level Very High areas where possible.

Sporting Activity

Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).

Worship

Open, subject to social contact rules.

Childcare

Registered and wraparound childcare. Supervised activities permitted in private homes. Children's groups permitted. Childcare bubbles for under 14s.

Youth Clubs and Activities

Permitted.

There are three simple actions we must all do to keep on protecting each other:



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LOCAL COVID ALERT LEVEL

VERY HIGH

HIGH

MEDIUM

Social Contact

1 household / bubble in most locations, indoors and outdoors. Rule of six applies in some outdoors settings like parks, public gardens and sports courts.

Weddings and Funerals

Up to 15 guests for weddings and up to 30 guests for funerals. 15 for wakes and related ceremonies. Wedding receptions not permitted.

Overnight Stays

Those in area advised against overnight stays in other parts of UK. People outside area advised against overnight stays in area.

Working from home guidance

Work from home where possible.

Shopping and Retail

Open.

Leisure and gyms

Any closures or additional restrictions subject to consultation.

Hospitality

Pubs and bars must close except where they operate as a restaurant, meaning they can only serve alcohol with a substantial meal. Further closures subject to consultation.

Entertainment and tourist attractions

Any closures / additional restrictions subject to consultation. Nightclubs and adult entertainment remain closed.

Education

Schools, FE colleges open. Universities must reflect wider restrictions with option to move to greater online provision.

Healthcare Services

Open.

Residential Care

Closed to external visitors other than in exceptional circumstances.

Travel and Transport

May continue to travel to open venues, but reduce number of journeys where possible. Avoid travel where possible in or out of the affected area with exceptions including work and school.

Sporting Activity

Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).

Worship

Open, subject to social contact rules.

Childcare

Registered and wraparound childcare. Supervised activities permitted in private homes. Children's groups permitted. Childcare bubbles for under 14s.

Youth Clubs and Activities

Permitted.

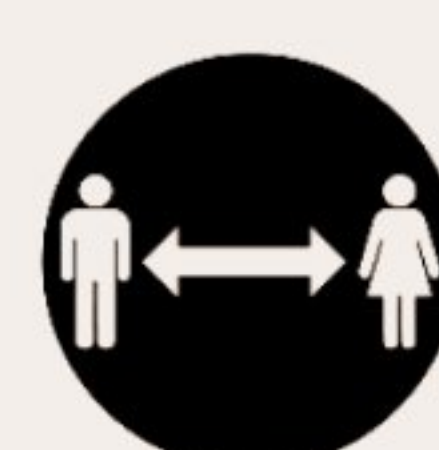
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