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## Business Heroes are celebrated for their contribution to the community

BY CHARLOTTE WATSON

In June Lincolnshire Chamber of Commerce and TED East Lindsey launched an initiative to celebrate and recognise the unsung business heroes across Lincolnshire.

Receiving an overwhelming number of nominations for businesses of all kinds across Lincolnshire that have gone that extra mile during the current crisis, the Chamber is delighted to recognise a number of those business heroes in this feature story.

A stand-out business, receiving 59 individual nominations was Skegness-based gym, Phoenix Fitness.

When the Covid-19 pandemic hit, Phoenix Fitness found new ways of adapting their offering following the Government guidance to close gyms, they took their services to the great outdoors, as well as online workouts, advice and support, not just for its members but for the wider community as well.

Deserving of the recognition, a client of the gym said: "They encourage and inspire so many people in this town, they have changed the lives of so many and continue to do so. Their support for locals is phenomenal."

Our next unsung business hero is Chester and George, an upcycle furniture store in Alford, and following the closure of non-essential retail, the owner Lynette Pryke wanted to find a way to keep people connected and support the vulnerable in a practical way.

In the critical, most vulnerable shielding group herself, Lynette started The Alford Hub, saying: "I knew that people would need support and so I couldn't sit around and do nothing, which is why I launched the Hub."

The Alford Hub was launched as a Covid-19 Information Group on Facebook to support each other and the local community.

"I put together a team of admins who answered questions, this was so important in early days, people just didn't know who to turn to" explained Lynette.

"It was our commitment to keep people engaged, so we ensure that every comment was replied to, we have had 27,000 comments in the 18 weeks with around 1,400 members. I am so proud



of the hub and for putting together an amazing team of volunteers who were as passionate about protecting the community as I am" added Lynette.

As well as the Alford Hub, Lynette Pryke launched a free online newspaper, a be-friending service and a local prescription delivery service.

Recognising the part animals play in providing comfort in times of crisis, particularly to those shielding, our next

unsung hero is Sutton Pet Supplies.

Sutton Pet Supplies based in Sutton on Sea remained open throughout the lockdown period, doing deliveries, assisting with the local food bank collection.

Owners, Malcolm and Paul are so pleased with their nomination said: "We are so chuffed because our customers have taken the time out to nominate us which is really special."

"Coronavirus has been a real challenge for all businesses, our location is in a tourist area and has seen a huge downturn in footfall, this however enabled us to help many of our regular customers by offering an expanded delivery service to people self-isolating."

"We pride ourselves on great customer service and really enjoy customer interaction and I believe this is a reason customers want to shop with us."

Our final Business Heroes recognition in this feature is West Ashby Arms, a local pub right at the heart of the village of West Ashby.

As Government closed pub and restaurants, West Ashby Arms adapted their services to offer a first-class takeaway and delivery service.

A happy customer commented: "Being a very small community the West Ashby Arms plays a huge role in supporting activities within West Ashby and since lockdown began the family run business have provided an excellent takeaway service, not just to our village, but other



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## Community Business Heroes celebrated

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surrounding villages too.

"It has been so uplifting; it would have been a very different and lonely lockdown for us if this family hadn't provided this service."

Charlotte Watson, Head of PR, Marketing and Communications at Lincolnshire Chamber of Commerce, said: "It's so heart warming to hear positive stories during such a terrible time, people, businesses and communities have really come together to help one another, adapt their business services and provide advice and support to anyone who needs it."

"We are so proud of our business community, which is why we launched this initiative, it shines a light on those unsung business heroes who have really kept that community spirit alive during lockdown."

Aiming to recognise all businesses that have been nominated we will also be doing a feature in our September edition, so check back again next month to hear more inspirational stories from businesses across our county.

Businesses will also be featured across the Lincolnshire Chamber of Commerce website visit [www.lincs-chamber.co.uk](http://www.lincs-chamber.co.uk)

## Travel and post office on the move

A popular Gainsborough travel branch and busy post office are heading to new destinations as they relocate to brand-new sites in the town.

Both Lincolnshire Co-op outlets will be moving to Market Street, just a few hundred metres away from their current location in the Lindsey Centre, which is the subject of a major planning application to turn the site into a cinema and retail units.

Lincolnshire Co-op's Gainsborough Travel branch was the first to relocate, moving into its new home on 14th July.

Customers are able to make an appointment to speak to the travel agents in branch or can book their perfect break away via video call.

Gainsborough Travel Manager Jo Sims said: "Because we're independent and aren't tied to any single tour operator, we have the flexibility to book from over 200 suppliers. We're also bonded by ABTA and only use ATOL tour operators, so we offer that security too."

Gainsborough Post Office's opened its doors of the new branch on Market Street open on 22nd July. The fresh-look post office will have four serving positions. There will also be a range of post office products and services available including business and personal banking.

Gainsborough Post Office manager Ben Edge said: "The team are looking forward to welcoming customers to our new outlet as we continue to provide a valued service for the town."

There will be social distancing measures in both branches including a limit on the number of customers inside, markings on the floor to encourage social distancing and screens at desks and counters.

## LNAA's Great Big Staycation

Celebrate the British summer and take part in the Lincs & Notts Air Ambulance's Great Big Staycation and be in with a chance of winning a visit to their new HQ to meet the crew.

As holiday plans may not be panning out the way we'd hoped, Lincs & Notts Air Ambulance (LNAA) has come up with a way to banish those holiday blues – while helping to save lives. To donate £10 text STAYCATION to 70085.

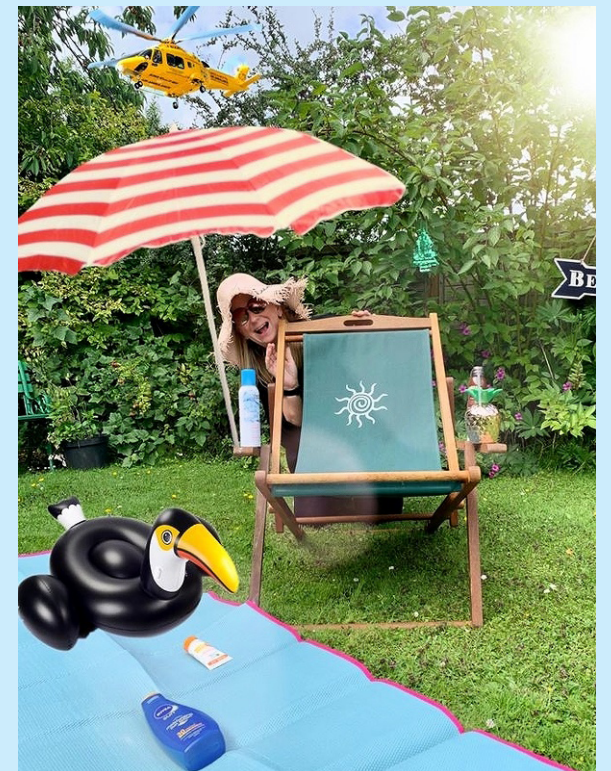
The Great Big Staycation is here to inspire you to make the most of your immediate surroundings. Pitch a tent in the garden, take a mini-break on the driveway or transform your home into a hotel. Donate to LNAA the cost of a holiday treat, such as your favourite cocktail, deckchair hire, a bottle of sun cream or the bill for a meal.

And while you're at it, why

don't you recreate your favourite holiday image? Tag them in your social media pics with #GreatBigStaycation and they will pick a winner, who will be invited to the new HQ, meet the crew and see the #ambucopter for real.

Fundraising Director Jason Cater said: "The impact of Covid-19 means we can't go out to events or raise money in some of the more traditional ways we normally would. While this has been a challenging time and we are forecasting a drop in our income, we turned our thinking to the wonderful British summertime and what we could do to inspire people to take advantage of what they have on their doorsteps."

"We are really looking forward to seeing your pictures and hope that our supporters across Lincs & Notts will get creative."



## Anglian Water helps distribute £1m funding pot

In April, Anglian Water launched plans to establish a new £1 million community support fund to provide a cash boost for local communities to help fight the impacts of Coronavirus.

Over £50,000 of the cash has already been fast-tracked to front line organisations in the immediate response to battle the pandemic. Just a matter of weeks later, the company has revealed how the rest of the funding will be distributed to those who need it most.

Anglian is working with 15 Community Foundations to allocate their £1million Positive Difference Fund. Community Foundations have extensive local expertise in getting money quickly to areas where it is most needed and has been working tirelessly in the response to the pandemic.

Half of the fund is being made available immediately, with the remaining half released later in the year to meet emerging needs from the fallout from the pandemic.

Eligible organisations will be able to apply to their local Community Foundation for grants of up to £5,000.

The money will help local charitable organisations deal with emerging issues in the community as a result of the continuing threat of coronavirus. Organisations like food banks, outreach programmes and those helping the most vulnerable can ask for support from the Positive Difference Fund via the Community Foundations.



## Lincolnshire - Booming in new business and aspiring start-ups

New statistics released by Begbies Traynor Group, exclusively for Lincolnshire Chamber of Commerce, illustrates that the number of company incorporations in Lincolnshire was at its highest in recent years in 2019.

The data provided by Red Flag Alert indicates that Lincolnshire is attracting new businesses to its coastline and encouraging entrepreneurs to start shop in the heart of the East Midlands, more than ever, as 6,082 businesses were incorporated in 2019.

Lincolnshire is proving an aspirational place to do business as the statistics show a 17 per cent increase in the number of new businesses incorporated in 2019 than in 2016, translating into 400 more businesses being established last year.

Gareth Rusling, partner at Begbies Traynor, Midlands, said, "It's evident from the Red Flag data that Lincolnshire has great potential in maintaining high rates of employability and attracting

fledgling company owners. Business is booming and support measures are well placed to promote business continuity during the most vulnerable and volatile year for any new business.

"Covid-19 will likely take a toll on business performance in 2020; however, it's promising to see that 2,700 new businesses have already been incorporated in Lincolnshire to date, with two financial quarters yet to go."

Bolstering its standing as an incubator for start-ups, there are several support networks and initiatives which can help guide businesses through their early days in Lincolnshire.

The Lincolnshire Business Support Network (LINBIS) offers support to businesses trading in their first year, connecting them with professional mentors. The Lincolnshire Chamber of Commerce also provides access to funding such as revenue and capital grants for micro, small and medium businesses, in addition to workspace support.

## UTC returns to full-time education



John Morrison, Principal of Lincoln UTC, has released plans to open fully to all year groups in September offering a return to full time education for all students whilst maintaining social distancing.

The UTC benefits from fewer students and smaller class sizes than most 'ordinary' schools and therefore can achieve distancing in classrooms providing the number in each class is kept low enough that students don't need to share a table.

In Key Stage 4 the UTC plans to further reduce the size of its teaching groups to ensure that social distancing can be achieved with a maximum class size of twelve. Students will have five lessons a day, five days a week, which is broadly in line with what you would expect from most schools under ordinary circumstances.

In the Sixth Form most classes already have fewer than twelve students, but in the most popular subjects of maths, science and engineering classes will be split into smaller groups. Key Stage 5 students will have the same amount of contact time as usual.

John Morrison, Principal of Lincoln UTC said: "Lincoln UTC is fortunate compared to other schools, our average class size was eighteen this year and therefore we have less of a job to do in achieving social distancing. We are also fully staffed in all subject areas. No members of the teaching staff have left this year and we made four new appointments just before lockdown."

The socially distanced timetable does have some unavoidable compromises and isn't quite what we would offer students in normal times but, we believe, it will still deliver a quality full time education."

## Bransby Horses reopens to after keeping spirits up during lockdown

Lincolnshire-based equine charity, Bransby Horses, is delighted they were able to reopen their doors to the public on 8th July. The site is still free entry and is currently running at reduced days and hours, open Wednesday to Sunday, 10am until 3pm.

In line with the UK Government response to the coronavirus, the charity is asking visitors to ensure they adhere to social distancing regulations and plan for their visit by visiting their website.

As well as a newly refurbished gift shop and donated goods shop and additional picnic fields, visitors can now pre-book a packed lunch or breakfast, through the new click and collect cafe service.

The site in Bransby, which welcomes thousands of visitors each year, closed to the public on 20th March 2020. During lockdown the charity has been busy keeping the hundreds of horses, ponies, donkeys and mules that live at the Bransby and Barlings sites, safe and well.

Jo Snell, CEO at Bransby Horses says: "We've been working hard to ensure that the new hygiene and social distancing measures are implemented in a way that will still allow our supporters to enjoy a fun and memorable visit to our Bransby site. We're all very excited to see all the smiling faces we've missed for so long."

Bransby Horses' teams have also been dedicated to keeping their supporters entertained during lockdown. Local care homes have received regular hand written



updates to be read out by care employees, as well as virtual video tours as part of their Keep on Keeping on campaign, one particular donkey has given and received a lot of hope and joy during the nation's challenging period.

Raising spirits every day, a social donkey resident named Nipper (pictured) has been visiting many horse, pony, donkey and mule friends and sharing his tales to nearly 30,000 followers!

The response from their supporters has been incredible, so much so, that the Charity is now creating a set of collectible postcard stories, ready for Christmas 2020.

## University of Lincoln research predicts digital future for law firm

University of Lincoln Research Predicts Digital Future for Law Firm

Students participating in the University of Lincoln's Graduate Skills Builder programme have recently submitted a report following a market research project to Sills & Betteridge LLP, a regional law firm.

The aim of the project was to help them better understand consumer experiences and perceptions of traditional law firms, and respond to consumer expectations of such firms to deliver legal services via online methods.

The firm has engaged with the University throughout the academic year, became involved in the research following an 18 month period of experimentation with various digital solutions, including interactive driving and employment law chatbots, led by Partner and 'Legal Tech' enthusiast Andy Kerrigan.

Andy Kerrigan commented: "There is a gap between the expectation of what law firms might deliver digitally and the limited services currently available. Sills & Betteridge has committed to working on

digital projects that are truly accessible and provide practical solutions. The input of the students has been invaluable in helping shape our vision.

"I was particularly impressed with how the students adapted to the change in circumstances with the lockdown commencing during the project. The explosion of the use of video conferencing proves the students' recommendation that we should aim to provide more services and resources via video and video conference platforms.

"I look forward to continuing to work with the University as we develop our digital strategy."

The students additionally reviewed the firm's website and made recommendations about speed and user experience, which the firm has taken forward with the development of its new website which launched recently. The firm is developing a digital agenda for 2020/21 which will look to build on the work already undertaken and will aim to develop practical online resources for our clients.



## Langleys Solicitors helps provide extra hospital capacity for York St John University

York St John University has purchased Peppermill Court in York, a 24-bed adult patient assessment and treatment unit, owned by the NHS, in a £3 million+ sale.

Langleys Solicitors, a leading UK law firm with offices in Lincoln and York, acted on behalf of York St John University, performing full due diligence for the acquisition, drafting all legal documents including the contract, a transfer and an overage and clawback agreement.

The leading law firm also handled drafting and negotiation of the lease back to the NHS from the university, after it emerged that the additional capacity would be needed during the peak of Covid-19.

Despite plans to develop a city centre-based campus and accommodation portfolio over a number of years, the university is to lease the property to the NHS to assist with extra capacity during the pandemic, to safeguard against the risk of hospital capacity shortages.

The university, home to around 7,000 students, had planned to use the property as a part of its strategic acquisition to develop a city-centre based campus, however plans have been pushed back in the fight against Covid-19.

Tim Cross, managing partner at Langleys Solicitors, said: "We're pleased to have acted on behalf of York St John University on this project, in such unusual circumstances.

Despite the completion of the off-market sale it emerged that the additional capacity may be required by the hospital and therefore a bespoke agreement had to be created quickly. We hope to have done a small bit in the fight against Covid-19, and help the region cope with the outbreak that bit better. Long-term we also hope to see York St John University develop its city centre portfolio and attract a new generation of students and graduates to the area."

## St Barnabas 'drive-thru' donations a huge success

Thanks to the public's generosity for their Donation Drive-Thru campaign, St Barnabas Hospice has been able to open its first few shops in Lincoln.

Those who have been clearing out their closets and cupboards during lockdown were invited to donate via specially booked appointments at the charity's Central Warehouse in Lincoln.

St Barnabas' Head of Retail, Caroline Peach, said: "We were absolutely delighted to see so many people taking us up on our offer of donating safely and with social distancing at our Drive-Thru. Thanks to all those people who donated, we are now stocked with enough items to begin opening our charity shops.

"In one week alone, supporters brought us more than 2,000 bags and boxes of items which are currently sorting through for our charity shops. I am excited to see how many more items come through before our drive-thru closes temporarily at the end of this week."

St Barnabas has also asked those sorting donations to consider quality over quantity and to be mindful when selecting



items to donate.

Caroline continued: "I want to take this opportunity to thank everyone who has supported our Hospice so far with the Donation Drive-Thru, and to our customers who are being so patient. A special mention must go to our volunteers, new and old, who have stepped in to help us process a huge number of donations and get them out to the shops."

St Barnabas has 26 shops across the region, since 2012, the Hospice has sold around 750,000 items with a turnover of more than £16,000,000 for its essential end of life care and associated services.

## Lincolnshire Show Online goes global

From Australia to America, viewers from across the world came together virtually to be part of the first ever Lincolnshire Show Online, which took place on 24 June.

Held on an online platform, the virtual show has quickly become one of the most successful online agricultural shows to date, with more than 60,000 page views recorded throughout the day.

The action-packed day, which will still be available to watch online, was filled with virtual entertainment, online networking, live music, cookery demonstrations, entertainment from the Red Arrows, RAF Falcons and Broke FMX, as well as a mixture of exhibitors, across the food and drink, arts and crafts, education, agricultural and retail sectors.

The event, which has historically taken place at the Lincolnshire Showground for 60 years, is one of the county's flagship events, but this year the traditional show was forced to cancel due to Covid-19.

Jayne Southall, CEO of the Lincolnshire Agricultural Society at the Lincolnshire Showground, said: "When we made the decision to cancel the traditional show this year, we were absolutely devastated, but we tried to be positive and quickly thought of ways to keep the Show



alive – and the Lincolnshire Show Online did exactly that."

"We partnered with TRS Design, CityX and Cartwright Communications to create the Lincolnshire Show Online platform, which we can use again for other online

events, to coincide with any held at the Showground or to support other event venues and charities that, like us, have been affected by the recent events."

The Lincolnshire Show, organised by the Lincolnshire Agricultural

Society, a registered charity whose aims are to educate about food, farming and the countryside, is designed to suit all ages and tastes and recognises the best of rural Lincolnshire with an eclectic mix of entertainment, food, shopping and agriculture.



# Forrester Boyd marks exciting era with accountancy acquisition

One of the region's largest independent accountancy firms, Forrester Boyd, has acquired Hull based accountancy practice Graybrowne.

The acquisition is part of Forrester Boyd's growth strategy as they evolve from a 'traditional' accountancy practice to a firm that delivers a holistic range of services and provides a solid geographic footprint in the centre of the City of Hull from which to expand their reach further.

Forrester Boyd has evolved over the years maintaining a long and reputable history. This sees the firm celebrate its 85th anniversary, a milestone which marks a seamless transformation into a forward thinking 'one-stop-shop' offering clients a wide range of professional services to enable and support them to achieve their corporate and personal objectives.

With its headquarters in Grimsby and sister offices in Scunthorpe, Louth, Skegness, Beverley and now Hull, the independent firm is amongst the most well-known across the Humber and Lincolnshire region.

For Chairman and Partner David



Everatt this further growth marks an exciting milestone: "As we move more into the realms of a true business and financial partner with our clients through the delivery of not only accountancy and tax services but corporate finance and wealth management, we are excited to be able to offer these value added services to our new clients."

The acquisition is part of the succession planning for Nick and Anne and now offers them and their clients, the additional support from Forrester Boyd's extensive expertise. With a workforce now in excess of 170 staff, clients can benefit from the depth of knowledge and specialist expertise that Forrester Boyd brings with it.

# Banks Long & Co team celebrates contract win

Chartered surveyor Banks Long & Co's professional property management team is celebrating winning a prestigious tender. The busy department has been awarded a contract to manage North Kesteven District Council's commercial property portfolio.

Excitingly, it will include a new development known as Discovery Court, off Whisby Road. It will comprise 15 units specifically tailored to appeal to new and growing businesses.

Banks Long & Co Associate Director Sarah Pettefar said: "We believe our success reflects the quality of the service which we provide to our existing clients and the property management expertise we can offer to North Kesteven District Council."

The contract covers the Council's commercial sites across the North Kesteven District and includes properties in Sleaford, Metherringham, North Hykeham and Bracebridge Heath.

It will involve the collection of rent, managing service charges, dealing with occupiers' queries and managing the Council's commercial property portfolio.

Banks Long & Co Director William Wall said: "We are very proud of our Property Management department, which has been enjoying significant growth over recent months. The team has taken over 41 new commercial sites and increased the



Banks Long & Co Associate Director Sarah Pettefar

yearly rental income collected by more than £3 million.

North Kesteven District Council Leader Councillor Richard Wright said: "High quality commercial property is key to the growth of our District, and so we've worked hard over the years to create space for businesses as part of our overall



NKDC leader Councillor Richard Wright

package of support for the local economy.

"If there is a supply of suitable and well-managed premises for businesses to start up and grow into, then new jobs are created and North Kesteven flourishes.

"We are delighted to award this prestigious contract to Banks Long & Co and look forward to working with them."

# Pink gin launched to honour inspirational "wonder of the world"

Massingberd-Mundy Distillery in the Lincolnshire Wolds has launched its second artisan craft gin.

Marie Jeanne's Pink Gin is a fruity and indulgent French-style gin that pays tribute to an inspirational figure from the area's history. Marie Jeanne Rapigeon of Versailles was the daughter of a French captain who became the owner of South Ormsby Estate from 1835 to 1863 and was described as "a wonder of the world".

Marie Jeanne's Pink Gin has been launched shortly after the distillery's first drink, Burrell's Dry Gin, which is named after her husband, Charles Burrell Massingberd. Both gins are produced at Massingberd-Mundy Distillery at South Ormsby Estate in the Lincolnshire Wolds by Master Distiller, Tristan Jørgensen.



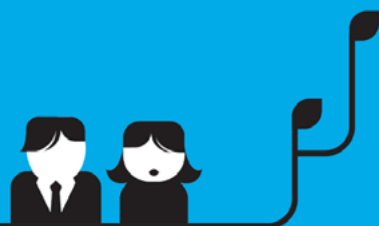
Tristan said: "It's been a great month for us; we started Massingberd-Mundy Distillery a year ago and we've been working on these ever since. This has always been a dream of mine and it was fantastic to launch our first drink a few weeks ago. The response has been amazing and now, we're following it up with a gin that's completely different but just as smooth, sophisticated and delicious. I think gin-connoisseurs and casual drinkers will love them both."

Massingberd-Mundy Distillery is one of the latest businesses to be established at South Ormsby Estate as part of an ongoing project to support the local area. It is run by Tristan Jørgensen who began his career as a mash and stillman at Laphroaig Distillery before producing drinks for several leading craft distilleries across the UK.

Marie Jeanne's Pink Gin and Burrell's Dry Gin are now available from the South Ormsby Estate website at [www.southormsbyestate.co.uk](http://www.southormsbyestate.co.uk). It's hoped that the gins will also be available from bars, restaurants and other retailers soon.



# Welcome to our new members



**Berkshire Green Limited**

**Earlybird Lifestyle Support Ltd**

**Harmony at Home Nanny Agency  
Lincolnshire**

**Lincoln Elderly Support**

**Pass It On (Property Ltd)**

**Project Parker Ltd**

**Savers Health Home & Beauty**

**Solutions for Inclusion**

**Spolton Mortgage**

**Stocktake UK**

**The CFT**

**USAR Tech Ltd**



Lincolnshire  
Chamber of  
Commerce  
The Ultimate Business Network

**AS A CHAMBER  
MEMBER I'M  
WELL CONNECTED**

## Free car parking in Boston after alliance vote

Parking has been free of charge for shoppers in all Boston Borough Council owned car parks. This does not include Pump Square, Market Place, South Square, Station Approach and Wide Bargate.

The announcement, from Deputy Leader Councillor Nigel Welton, comes in the wake of a recent vote to form a strategic alliance with East Lindsey District Council.

"We are delivering on our promise to temporary remove parking charges if the

alliance was voted through," Cllr Welton said.

"This move will support the economy and the town centre as we begin to recover from the Covid-19 pandemic and move back to business as usual.

"Council car parks will be free of charge until further notice."

Cllr Chelcei Sharman, portfolio holder for town centre services, welcomed the decision with delight.

"We have moved quickly in fulfilling our

promise to make the car parking free, and I am delighted that we can support our local economy in this way.

"We hope this will encourage everybody, give businesses the much needed support our beautiful town needs and help in boosting our local businesses back to economic success. We look forward to seeing the heart of Boston recover from this pandemic and we thank everyone for their cooperation during these times."

## Work is now under way on new skate park

After an eight-week delay due to Covid-19 Boston's new skate park is finally under way.

This is the start of phase two of the development in Central Park the first being a Multi-Use Games Area (MUGA) and table tennis tables which were

completed in March.

The Skate Park after months of consultation was designed by young people in the community who spent time with Maverick Industries until a final decision was agreed.

Frances Taylor, Play and Physical

Activity Officer at Boston Borough Council said: "To work with the young people of the community and achieve a design which includes many features requested by them was a great opportunity for everyone to "have their say" in what they wanted in the skate park. The design includes 22 different features that will give users a wide variety of challenges and excitement."

She continued to say "Central Park will be a fantastic space once this is completed in approximately eight weeks and will bring a new and fun experience to Boston.

"When the skate park is completed an open event will be organised where some experienced skaters will come along and show their skills, the event will also include the opening of the MUGA and table tennis tables which was scheduled to take place during the Easter holidays but had to be cancelled due to Covid-19."



## Events

For more information and to book visit [www.lincs-chamber.co.uk/events](http://www.lincs-chamber.co.uk/events)

### Proving Origin for Exports and Imports

12th August 10.00am – 12.00pm  
Member Price £120.00 incl VAT  
Non-Member £150.00 incl VAT  
Zoom

### ChamberConnect: Inclusive Health and Safety Communications

17th August 10.00am – 12.00pm  
Free  
Zoom

### Virtual Lincolnshire Construction and Property Network

18th August 12.30pm – 2.00pm  
Free  
Zoom

### Understanding Freight Charges and How to Negotiate Them

19th August 10.00am – 12.00pm  
Member Price £120.00 incl VAT  
Non-Member £150.00 incl VAT  
Zoom

### ChamberConnect: Communicate Successfully at an International Level

24th August 10.00am – 11.00am  
Free  
Zoom

## Vitals for Veterans

Age UK Lincoln & South Lincolnshire are delivering "Vitals" wellbeing packs to veterans in need of support across Lincoln and South Lincolnshire.

The packs will contain items such as, tea, coffee, soap, toilet roll, forget me not seeds, a notebook, book/puzzle book, tinned peaches, custard, jam, cornflakes, biscuits, a health and wellbeing guide and supportive literature.

They are also looking for support in donations to make the packs even better value for each veteran.

Age UK Lincoln & South Lincolnshire have committed to delivering 1800 packs to Veterans between now and November, free of charge.

They are taking referrals via the website and are interested in learning about any Veterans groups that may be local to you where we can drop packs also.

Age UK Lincoln & South Lincolnshire are also looking for volunteers that would like to register to deliver a pack in their local area.

Go to [www.ageuk.org.uk](http://www.ageuk.org.uk)